IGGY: NATION DOESN'T NEED A VOTE, PG 4

Toronto
$69* from
WESTJET
*Some restrictions apply. Taxes not included. See westjet.com for details.

The world's largest global newspaper
metro
OTTAWA • THURSDAY, JANUARY 22, 2009 metronews.ca

Homes pg 12

Colour freezing out stainless steel

Premier calls mediator to York dispute

LABOUR Premier Dalton McGuinty is resisting pressure to recall the legislature to end the 11-week-old York University strike because the government believes such a move would be challenged in court.

With the provincial Liberals being battered in the court of public opinion, McGuinty yesterday appointed Reg Pearson, Ontario's chief mediator, "to bang a few heads together" and resolve the dispute. But if Pearson fails to get both sides back to the bargaining table, the job action risks dragging on indefinitely because the government has few realistic weapons in its arsenal.

While the Ontario government intervened in college strikes in 1984 and 1989, it has not done so for a university labour dispute.

TORSTAR NEWS SERVICE

Food pg 13

Lucky foods, lucky year?

Tech Now pg 11

Nortel holds own in Vegas

Sports pg 8

Place for NHL in Europe?

Cancer **Spinning awareness**

TRACEY TONG/METRO OTTAWA

Ottawa ballerinas staged an event at the Rideau Centre yesterday to raise awareness for the Weekend to End Breast Cancer fundraiser to be held from June 5 to 7. Story, page 3

Strike not record yet

OC Transpo needs 7 months to beat Quebec City picket

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

After 44 days, most transit strikes in Canada would be resolved by now, but OC Transpo employees would have to stay on the picket lines for another seven months to challenge Quebec City for the longest transit strike ever in Canada.

That mark was set back in 1979, when bus drivers in Quebec walked off the job in February and didn't return until November. Since then, Quebec City has had two more short transit strikes — one week in 1998 and 11 days in 2004.

In 2001, several transit unions spent long stretches on the picket lines.

In Vancouver, transit employees were out for 128 days between April 1 and Aug. 7 over wages and part-time workers.

Calgary transit workers were on strike for 50 days over wages and the growth of lower-paying community shuttle jobs.

According to the Canadian Urban Transit Association, transit employees in Whitehorse (46 days), Cape Breton (41 days) and Victoria (14) were also on strike during 2001.

Edmonton transit workers have managed to avoid going on strike since 1982 when they were out for 42 days.

Daniel Revega, vice-president for maintenance of ATU Local 569 in Edmonton, said the main issues in that strike were wages and hiring part-time workers.

You'd have to go back to 1970 to find a long strike in Toronto, when service was shut down for 42 days, starting May 28. Toronto had a 23-day strike in August 1974 and strikes in 1978, 1991, 1999 and finally last year, when the strike only lasted a few days.

Montreal's longest strike was 43 days in 1974 when transit workers were on the picket line from Aug. 7 until Sept. 19. Most recently, they had a four-day strike beginning on May 22, 2007.

MORE COVERAGE, PG 3

Ottawa pours $500K into transit emergency fund

COSTS The city is putting another half-million dollars into an emergency fund to cover transportation costs for agencies serving low-income residents, seniors and persons with disabilities.

The city announced a $200,000 fund on Jan. 9, but that ran out in about 10 days, said Coun. Diane Deans.

"Centres are finding that as word spreads that there is help available, more people turned to community resources centres for help, and the money won't last as long as it did before."

Since last week, the parties have held talks with federal mediators to keep lines open for a settlement, said Mayor Larry O'Brien.

O'Brien wouldn't comment on the negotiations. "The parties have agreed to a media blackout," he said.

TIM WIECLAWSKI/METRO OTTAWA

City meetings

- Council will hold meetings on the next three Wednesdays to receive strike updates.

CANADA'S MOST RELIABLE NETWORK
FEWEST DROPPED CALLS | CLEAREST RECEPTION
rogers.com/reliable
ROGERS™
Most reliable network claim refers to call clarity and dropped calls test results as conducted by Rogers and a recognized third-party research company in the majority of urban Canadian centres within the Rogers Wireless footprint, comparing services of other major wireless providers.
™Trademarks of Rogers Communications Inc. used under license. © 2009 Rogers Wireless.

Free Daily News Group Inc., operating as Metro Ottawa 130 Slater Street, Suite 300, Ottawa, Ontario K1P 6E2. Publisher: Bill McDonald

MONEY'S TOO IMPORTANT TO THROW AWAY.

Switch to Rogers Home Phone and save with our **everyday** price.

Monthly cost of home phone service
[including long distance, voicemail and one feature]*

Bell	Rogers
$54.79	$41.31

Visit **rogers.com/compare** to see the difference.

Pay less. Call **1 866-516-8291** and save.

ROGERS™

UP TO 15% DISCOUNT FOR CUSTOMERS WITH MULTIPLE ROGERS PRODUCTS – TV, INTERNET, HOME PHONE AND WIRELESS PHONE.[1]

*Rates current as of October 31, 2008 and include applicable system access fee and other fees. Rates exclusive of taxes. [1]Discount applies to monthly recurring service fees for eligible services. Minimum 24-month term required. Go to rogers.com/bundles for details. Bell is a trademark of Bell Canada Inc.
™Rogers and Mobius design are trademarks of Rogers Communications Inc., used under license. © 2009 Rogers Cable.

Suspects sought in bank robbery
Ottawa police are seeking two suspects after the TD Canada Trust bank at 888 Meadowlands Dr. E. was robbed at 2 p.m. Tuesday. The suspects are both described as black males, 18 years old and between 5-8 and 5-10 tall. METRO OTTAWA

Local

And the civic awards go to ...

Know an outstanding volunteer? Nominate him or her for a City of Ottawa 2009 Civic Appreciation Award, which recognizes individuals, groups and organizations that volunteer in a variety of ways throughout the city. Categories include the Citizen of the Year Award, the Brian Kilrea Award and the Distinguished Civic Award. Nomination forms, found at ottawa.ca, are due March 27. METRO OTTAWA

No back-to-work legislation for transit workers

STRIKE Federal Labour Minister Rona Ambrose has ruled out legislating striking OC Transpo employees back to work.

Ambrose made the statement while leaving a Conservative caucus meeting on Parliament Hill yesterday, saying there was no appetite for this legislation.

"The minister's position is the same as it has always been," said press secretary Lynn Meahan. "The quickest way for buses to get back on the street is for both of these parties to get back to the table and come up with a negotiated agreement."

Since OC Transpo operates in two provinces, it would be up to the federal government to legislate employees back to work as an essential service.

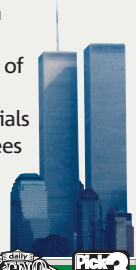
However, city clerk and solicitor Rick O'Connor said the transit strike does not meet the federal government's legal requirement of posing "an immediate and serious danger to the safety or health of the public."

TIM WIECLAWSKI/METRO OTTAWA

metronews.ca
WHAT'S ONLINE TODAY

Video New satellite technology tracks greenhouse gas emissions in Alberta oilsands at **metronews.ca/canada**

Video Families of 9-11 victims outraged after trials of Gitmo detainees halted at **metronews.ca/world**



Lotteries

Lotto 6/49: 8, 32, 34, 39, 43 & 48. Bonus 25
Ontario 49: 3, 23, 30, 35, 38 & 46. Bonus 45
Ontario Pick 3: 7 9 9; **Ontario Pick 4** : 0 0 2 4
Encore: 5435125
Daily Keno: 2, 3, 5, 8, 9, 15, 18, 19, 22, 23, 25, 26, 38, 43, 46, 49, 54, 59, 63, 67
These results are not official.

Raising cancer awareness

TRACEY TONG
tracey.tong@metronews.ca

Walking 60 kilometres is hard, but going through treatment for cancer is even tougher.

That's one of the themes for this year's Weekend to End Breast Cancer event, and Orleans resident Genevieve Allen couldn't agree more.

She's done both, and while she had a great time at the fundraiser for the Ottawa Regional Cancer Foundation last year, it drove home the importance of raising money.

A week after being diagnosed with breast cancer in November 2005, she underwent a single mastectomy, followed by a prophylactic mastectomy in April 2007.

The three-year cancer survivor signed up for last year's event because "I wanted to give back to the community of doctors and support groups that I had taken from."

Local ballerinas danced at the Rideau Centre yesterday afternoon as a part of a nationwide event to raise awareness for the 60-kilometre walk, which takes place from June 5 to 7.

The event supports cancer services and research across eastern Ontario and specifically the Queensway Carleton Hospital's ongoing construction, as well as the Ottawa Health Research Institute's molecular lab, which allows for research into the personalization of treatment.

Three of the 27 dancers performing at yesterday's event wore pink to represent the one out of nine Canadian women who will develop breast cancer in their lifetime. One in three Ottawa area residents will be diagnosed with cancer in their lifetimes.

"The fact that one in nine women will be diagnosed with breast cancer in their lifetime is a staggering statistic," said Linda Eagan, president and CEO of the Ottawa Regional Cancer Foundation.

Breast cancer isn't just a women's disease, said Allen. "Both men and women are affected by breast cancer."

Survival rate up

- Although cancer is on the rise, "much progress has been made in recent years," said Linda Eagan. "The survival rate is so much better than it was 10 or 15 years ago."

Illegal to light up in vehicles with children

TRACEY TONG
tracey.tong@metronews.ca

Yesterday was a good day for Anne-Josée Marion.

The mother of three-year-old Luca was happy to see the provincial law, which prohibits smoking in vehicles carrying children under age 16, come into effect.

"Since my son was born, I've made sure he was in a smoke-free environment," she said. "For me, this legislation is peace of mind that he won't be exposed to smoke."

Ottawa Public Health officials gathered at the Andrew Fleck Child Care Centre yesterday to locally announce the provincial law that makes smoking in vehicles carrying children under 16 illegal.

Children who are regularly exposed to second-hand smoke are more likely to suffer lung damage and respiratory ailments, including asthma, bronchitis and pneumonia, and later in life, cancer and cardiac disease, said Ottawa's Medical Officer of Health Dr. Isra Levy.

Studies show that the concentration of second-hand smoke is between 25 and 30 times greater in a car than in a smoker's home, he added.

Every year in Ottawa, there are 1,000 deaths that are attributed to smoking cigarettes.

"That's nearly three a day," Levy said.

"There's no safe level of second-hand smoke," said Ottawa Coun. Marianne Wilkinson. "It not only affects our children's health, but their ability to learn."

"Children do not have control over their environments like adults do," said Coun. Diane Deans, "and often cannot speak up or leave a situation that endangers them."

And there's help for those who are struggling with the new law, said Levy.

"If you are one of the parents who is struggling, there are a lot of resources out there to help you," he said.

$250 fine

- Under the new law, a violation is subject to a set fine of $250. While the Ottawa police will be enforcing the law, Dr. Isra Levy hopes residents will voluntarily comply.

TRACEY TONG/METRO OTTAWA

Josette Sabha, 2, plays at the Andrew Fleck Child Care Centre while Coun. Diane Deans looks on yesterday as Ottawa Public Health officials announced the provincial law prohibiting smoking in vehicles carrying children under age 16.

Former Nortel workers meet over pensions

CONCERNS Hundreds of former Nortel workers showed up for an information meeting yesterday to discuss what might happen to their pensions now that the company has filed for bankruptcy protection.

Many of those in attendance told CTV Ottawa they have little confidence Nortel will look after them as the company works to gain control of its finances.

In recent days, worried pensioners from Ottawa and Toronto have set up a committee to deal with the issue.

Mark Zigler, who is recognized as one of Canada's top pension and employment lawyers, is working with the former employees.

Zigler told CTV Ottawa concerned pensioners must get organized and make sure their voices are heard.

He says although people won't lose pensions, they might be reduced because the company's pension fund has an estimated shortfall of as much as $2 billion.

The situation will depend on how the courts and creditors resolve Nortel's future.

Although organizers intended to hold just one session at 2 p.m., they scheduled two more meetings at 4:30 p.m. and 6:30 p.m.

CTVOTTAWA.CA

News in brief

LAB ACCIDENT Two University of Ottawa chemistry students are in hospital after an incident involving hazardous materials occurred in one of the labs yesterday. At 3:15 p.m., paramedics attended uOttawa to treat two patients who were working with a metal-based powder at the time. A 24-year-old male received serious chemical burns to his hands and face and was also treated for a cut to the face. He is in serious but stable condition in hospital. A 19 year-old female received minor chemical burns to both hands. She is in stable condition. METRO OTTAWA

Former PMs urge 'green stimulus'

Four former prime ministers called yesterday on Ottawa to include a "green stimulus" in Tuesday's budget in an attempt to stimulate Canada's flagging economy. "Green stimulus creates jobs," former prime ministers Kim Campbell, Joe Clark, Paul Martin and John Turner wrote in a statement. **CBC NEWS ONLINE**

Canada

Baby dials 911, dad arrested

A White Rock, B.C., man was arrested last Friday after his 11-month-old son dialed 911 and then hung up. RCMP responded to the call, only to find the baby playing with a cordless phone. Further inspection of the residence revealed a 500-plant marijuana grow-op. The father will appear in court in early April, the baby was released into the mother's custody. **METRO NEWS SERVICES**

Poll finds Liberal support up with new leader

POLITICS The Liberal party has gained popular support under new leader, Michael Ignatieff, according to a poll released by the Globe and Mail yesterday.

The Ekos/Globe and Mail poll shows a majority of Canadians hold a negative view of Conservative Prime Minister Stephen Harper, while Ignatieff was seen as the best leader to work with the new U.S. President Barack Obama.

Ignatieff has the approval of 44 per cent of respondents. But the Tories continue to lead in overall voting intentions in Canada, with the support of 36.2 per cent of respondents, compared with the Liberals at 32.6 per cent and the NDP at 14.3 per cent, the poll found. **REUTERS**

Election not wanted: Iggy

The Opposition leader said yesterday that Canada needs an election over next week's budget "like a hole in the head" — the latest sign that he will keep the minority Conservative government in power.

If the Opposition Liberals vote against the Tuesday budget, the government will almost certainly be defeated. That could trigger an election at the end of February or the start of March.

"We need an election in February like a hole in the head. It is not the preferred choice of Canadians. We're in a recession (and) Canadians all know that an election is expensive," Liberal Leader Michael Ignatieff told a televised news conference in Montreal.

"We need an election in February like a hole in the head ... We're in a recession (and) Canadians all know that an election is expensive."
Michael Ignatieff, Liberal leader

Ignatieff told Reuters on Tuesday that he was quite prepared to vote against the budget if he felt it could not tackle the growing effects of the financial crisis. He also said he was trying to calm political tempers.

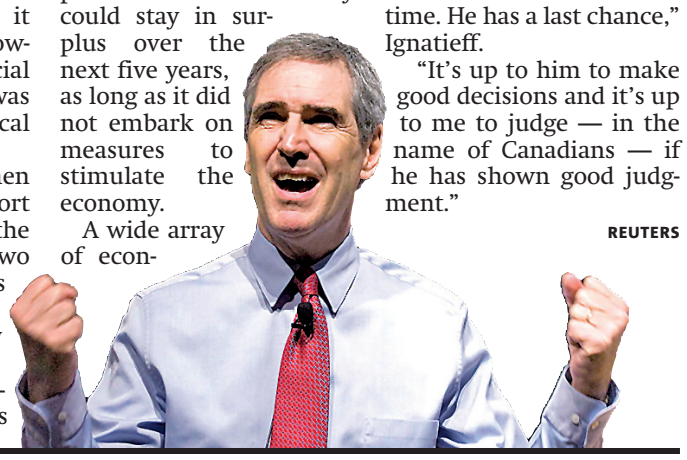
Prime Minister Stephen Harper needs the support of the Liberals to back the budget, given that the two other opposition parties in Parliament have already made clear they will vote against it.

The government infuriated opposition parties late last November by issuing a financial update that predicted the country could stay in surplus over the next five years, as long as it did not embark on measures to stimulate the economy.

A wide array of economists dismissed the document as being totally unrealistic. Six weeks later, Finance Minister Jim Flaherty conceded the budget would be in deficit before any stimulatory measures.

"Will he (Harper) give us a budget which corresponds to the economic situation? He failed the first time. He has a last chance," Ignatieff.

"It's up to him to make good decisions and it's up to me to judge — in the name of Canadians — if he has shown good judgment." **REUTERS**



Lawyer plans freedom of religion defence in polygamy case

COURT The lawyer for one of two religious leaders facing polygamy charges in British Columbia said he plans to use gay marriage and the right to religious freedom to defend his client.

Blair Suffredine, lawyer for Winston Blackmore, said that if adults of the same sex can legally marry, the same right should apply to adults who want to enter conjugal relationships with more than one person at a time.

Blackmore, 52, is charged with having 20 wives. He and James Oler, 44, who is also facing polygamy charges for having two wives, appeared in court in Creston, B.C., yesterday morning. They are rival leaders in the religious community of Bountiful and face up to five years in jail if convicted. **METRO CANADA**

One love

- The main Mormon church ended the practice of polygamous marriage in 1890.

Vancouver **From The Hills to the pill**

JEFF HODSON/METRO CANADA

The Hills star Lo Bosworth was in Vancouver yesterday to promote Yaz, a new birth control pill. "I feel (birth control) is something that is no longer ignored – people talk about it," said Bosworth. The TV star said she was initially reluctant to become a spokeswoman for the contraceptive, but researched the drug's claims and was won over.

Off-duty cops arrested for assault

B.C. Three off-duty Vancouver police officers were arrested for assault and robbery in downtown Vancouver yesterday after an altercation with a Surrey man.

Police provided little information except to say the officers, who are from the West Vancouver, New Westminster and Delta police departments, were involved in an altercation with a 47-year-old man.

Vancouver police said an ambulance was called to the scene but no one was taken to hospital.

"Crown will be asked to review any potential charges," she said.

All three departments have initiated investigations into the officers' conduct and the charges against them. **METRO CANADA**

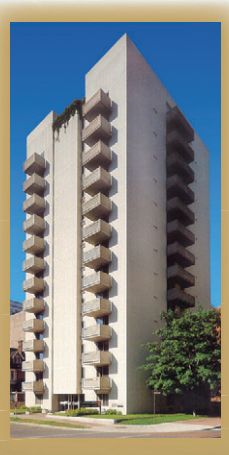
ShareYourViews
ottawaletters@metronews.ca

News in brief

SUPREME COURT Wal-Mart Stores Inc. violated the rights of workers at a Quebec store when it closed the store following union-organizing efforts, lawyers for the workers told the Supreme Court of Canada yesterday. The case has the potential for widespread repercussions as unions seek a foothold in Wal-Mart stores in Canada and the United States.

ASSAULT A Saskatchewan provincial court judge has been removed from his court duties after being charged with two counts of assault, CBC News Online reports. Judge Donald Bird has not sat in court since Dec. 4, 2008, when provincial court Chief Judge Carol Snell learned Bird was the subject of a criminal investigation, Snell said in a news release. **METRO NEWS SERVICES**

The Cartier Place
SUITE HOTEL & RESIDENCES
Downtown Ottawa
180 Cooper Street
T: 613-236-5000
F: 613-238-3842
For Reservations:
1-800-236-8399



SuiteDreams.com
It's Your Retirement Lifestyle!

Located downtown in a residential neighbourhood along the Rideau Canal

- 72 spacious suites with kitchens.
- Special monthly rates & meal packages.
- Social events and activities.
- Fitness room.
- Maid and laundry service.
- Dining room with room service.
- Hi-speed Internet.
- Indoor pool, whirlpool, sauna.
- Outdoor patio & shuffleboard.
- Family owned & operated.

New cream might prevent spread of herpes infection
Researchers say they have developed a cream that might prevent herpes infection for as long as a week -- a potentially big step in protecting women from the sexually transmitted infection. The cream uses a new kind of therapy called RNA interference to turn off genes that the virus uses to invade cells, the researchers said. REUTERS

World

Chile swaps martinis for condoms

It's out with the Martini and in with condoms as Chile revamps its consumer price index to reflect changing consumer patterns. The new measure, with a December 2008 base, will put more emphasis on transport costs and less on food. Other items added to the index basket include hamburgers, rum, hunger suppressants and Internet services, while film, video rentals and computer diskettes were among those withdrawn. REUTERS

Obama tackles agenda on first day

U.S. President Barack Obama plunged into Israeli-Palestinian peace diplomacy on his first full day in office yesterday.

Obama also summoned his economic team and war council to forge plans for rescuing the battered economy and winding down the war in Iraq.

The prompt attention to the Middle East conflict made clear it would be a top foreign-policy priority among the problems Obama inherited from his predecessor George W. Bush.

Obama, who had vowed a bolder pursuit of Israeli-Palestinian peace than Bush, called Israeli and Arab leaders to promise his help in consolidating the Gaza ceasefire.

The packed agenda signaled the Democrat was serious about meeting his promise to break sharply with Bush's policies at home and abroad. REUTERS

$358B rescue plan

- A U.S. House panel yesterday backed a $358-billion US package of new government spending, the first key test for a massive Democratic plan aimed at boosting the ailing U.S. economy.

LARRY DOWNING/REUTERS

U.S. President Barack Obama and first lady Michelle Obama meet with members of the public touring the Blue Room of the White House in Washington, D.C., yesterday.

Obama set to order Guantanamo closed

CUBA President Barack Obama is ready to issue orders today to close Guantanamo prison and overhaul the treatment of terrorism suspects. A draft order obtained yesterday sets a one-year deadline for closing.

A military judge yesterday suspended the cases of five suspected plotters of the 9-11 attacks on the U.S. and of Canadian Omar Khadr after Obama sought a 120-day suspension of pending cases. REUTERS

Israeli troops finish Gaza withdrawal

CEASEFIRE Israel completed a troop pullout from the Hamas-ruled Gaza Strip yesterday, starting its relationship with U.S. President Barack Obama by leaving Palestinian land devastated by the offensive.

"We've redeployed on our side of the frontier and we will follow events closely," said Mark Regev, a spokesman for Israeli Prime Minister Ehud Olmert. "If Hamas breaks the ceasefire, we of course reserve the right to act to protect our people."

Obama reiterated that he and his administration would work to achieve Middle East peace, a Palestinian official said.

Under international pressure to end the deadliest Israeli-Palestinian fighting in decades, Israel and Hamas declared separate ceasefires on Sunday, opening the way for more aid to be brought into the enclave where thousands are homeless. REUTERS

Clinton approved by U.S. Senate as secretary of state

POLITICS Hillary Clinton won U.S. Senate approval as secretary of state yesterday despite renewed concerns about potential conflicts of interest created by her husband's fundraising.

On a 94-2 vote, the Senate easily approved Clinton's nomination by President Barack Obama to be the top U.S. diplomat. Clinton, a former first lady and New York senator, was sworn in, replacing former secretary of state Condoleezza Rice.

Hillary Clinton

Republican Senator John Cornyn of Texas raised the potential for conflicts of interest created by foreign donations to the charitable foundation of her husband, former president Bill Clinton. Donations from governments that Hillary Clinton could deal with in her new role are among the $500 million US given to the foundation to pay for charitable projects around the world. REUTERS

News in brief

INTERNET The U.S. Supreme Court yesterday let stand a ruling that a federal law keeping Internet pornography away from children violated free-speech rights. The law, which requires sites to use personal information to screen out minors, has been repeatedly ruled unconstitutional. REUTERS

2GO CUSTOM KITCHENS

Kitchen & Bathroom Cabinetry
Computer Aided Design
In-house Consultation
Professional Installation

CALL FOR APPOINTMENT

1123 Newmarket St. Ottawa, On K1B 4N4
www.2gokitchens.ca
www.dynamicspace.com
613.731.8646

Kitchens for every lifestyle

Interested in Apprenticeship?

Our state of the art facilities include a computer lab, high-tech glazing equipment, swingstage and much more!

Call us today to find out how you can start your pre-apprenticeship in the Architectural Glass & Metal Technician trade.

Registration is limited so apply early!

ontario industrial & finishing SKILLS CENTRE

Are you looking for an exciting, long-term and profitable career in a skilled trade?

The OIFSC is seeking interested participants in the Ottawa area to enter a 37-week Architectural Glass & Metal Technician Pre-Apprenticeship training program. The program includes complete Health & Safety training, Basic Level Apprenticeship training and a paid 8-week work placement. In our most recent program all participants who entered the work placement gained full-time employment. There is no cost to participate in this program. If you are interested in applying for the program or would like more information, go to our website at www.oifsc.com and click on the link to pre-apprenticeship or contact the National Capital Region YM/YWCA Job Connect by telephone at 613-788-5001.

We build strong kids... strong families... strong communities. Dévoué au mieux-être des enfants... des familles... des communautés. YMCA-YWCA

This Pre-Apprenticeship Training Program is funded by the Government of Ontario.

LOCAL
Marketing Manager, Ian Clark
Distribution Manager, Bernie Horton

NATIONAL
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Assoc Mnging Editor, Tarin Elbert
Assoc Night Mnging Editor, Jim Reyno
Enter/Lifestyle Editor, Dean Lisk
Art Director, Laila Hakim
National Sales Director, Susan Courtney
Interactive/Mrktng Director, Jodi Brown

Comment & Views

Comment

A third force in Canuck politics

Home&Abroad

Andrew Cohen

Canada & world insight

It is heartening to learn that Barack Obama plans to make his first foreign trip as president to Canada.

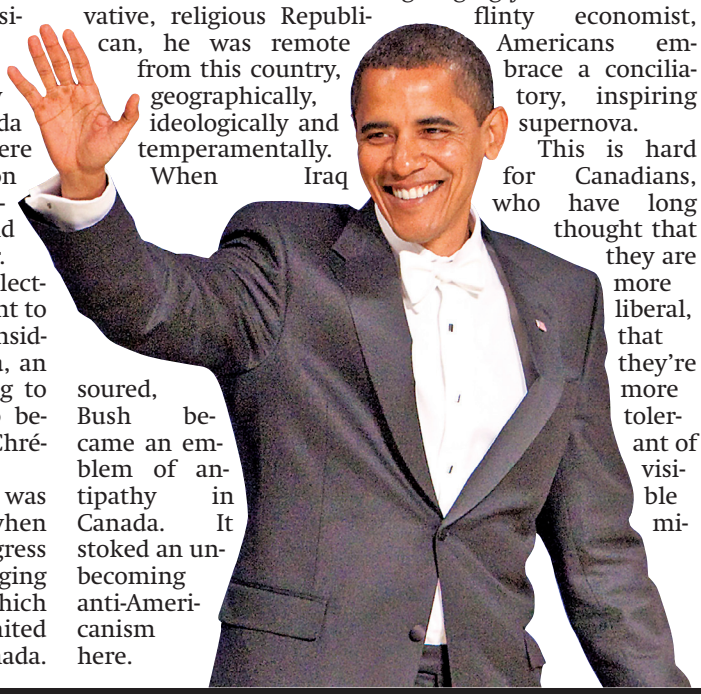
It is something of a tradition for a new president to visit Canada before he visits anywhere else. It is an expression of respect for America's oldest friend and largest trading partner.

In 2001, the newly elected George W. Bush went to Mexico first. It was considered a snub in Ottawa, an inauspicious beginning to a prickly relationship between Bush and Jean Chrétien.

Our amour propre was wounded, again, when Bush addressed Congress after 9-11. Acknowledging the many countries which had helped the United States, he ignored Canada. Not terribly gracious, we thought.

Two years later, Canada refused to go to war in Iraq and conveyed its decision badly to Washington. An angry president cancelled a visit to Ottawa that spring. Said he was too busy.

George W. Bush knew or cared little about Canada. As a southwestern, conservative, religious Republican, he was remote from this country, geographically, ideologically and temperamentally.



When Iraq soured, Bush became an emblem of antipathy in Canada. It stoked an unbecoming anti-Americanism here.

That's gone now. Like almost everywhere else in the world, Barack Obama is a darling in Canada. Looking at him and the hope he's generated, Canadians are disappointed with their factious politics.

Behold, American envy. It is now the United States, not Canada, which is new and daring. While we grudgingly elect a dour, flinty economist, Americans embrace a conciliatory, inspiring supernova.

This is hard for Canadians, who have long thought that they are more liberal, that they're more tolerant of visible minorities, that America is a melting pot of conformity. No longer.

Indeed, so great is Barack Obama's appeal that he could become a third force in our politics. He's more popular than Harper here, and that gives him credibility.

The president's influence, should he use it, may be greatest in climate change; Obama is expected to urge Canada to adopt higher continental standards on carbon emissions. This is a problem for Harper, who has supported the oilsands in Alberta, a huge source of pollution.

Then there is Afghanistan, where the Americans are increasing their military commitment. They will probably ask us to stay longer than 2011, when our troops are to leave.

As the president prepares to come to Ottawa, Harper will learn there is another leader of the opposition. His name is Barack Obama.

Andrew Cohen teaches journalism at Carleton University. He is the author of Extraordinary Canadians: Lester B. Pearson.

MICHAEL DE ADDER

Views

A reckless heart is really the danger

Doug Firby

There's a popular current of thought that snow resorts should "ban" skiers and riders who go out of bounds, for fear they are costing taxpayers a lot of money when they need to be rescued from remote back-country locations.

But not every backcountry adventurer needs to be rescued. And charging them thousands of dollars for the rescue could discourage some from calling for help when they really need it.

When three skiers and one snowboarder slipped out of bounds at Vancouver's Grouse Mountain resort earlier this month in pursuit of some fresh powder, for example, they were "rescued" even though they reportedly didn't seek any help. In that case, the rescue — and subsequent ban from Grouse Mountain — was the resort's way of driving home the point that they don't want their facility used as an entry way to the backcountry.

In some cases, however, resorts have no such authority. All any resort can do is try to ensure there are plenty of signs warning adventurers of the potential dangers beyond the boundaries. Backcountry adventurers are supposed to register with Parks Canada before they head out, but you'd need an army of wardens to enforce such a requirement.

"It's too bad we couldn't bill people for being stupid or reckless. Often it's the ill-informed and ill-equipped ones who are the cause of trouble."

There is one offence, however, that ski areas can and do clamp down on — skiing or riding in closed areas. Guests who enter a closed area are liable to have their passes yanked for the season.

Areas are closed because they either don't have enough snow or have unstable conditions, including risk of avalanche. Knowingly entering one of those areas is an invitation for trouble, and a violation of the Alpine Responsibility Code, which requires skiers and riders to "stay off closed trails and closed areas." When you purchase your pass in western Canada, you agree to the terms of the code.

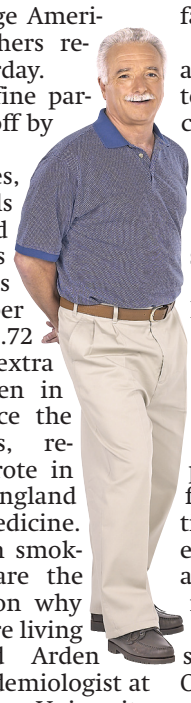
Snow resorts strongly prefer guests stay within bounds. The moment you slip under that rope, you are rolling the dice on conditions.

It's too bad we couldn't bill people for being stupid or reckless. Often it's the ill-informed and ill-equipped ones who are the cause of trouble. And everyone ends up paying the price for that.

Doug Firby is Associate Director of Communications for Sunshine Village Ski and Snowboard Resort in Banff National Park.

Worth mentioning

Cleaner air equals longer lives: Study



Dramatic improvements in U.S. air quality over the last two decades have added 21 weeks to the life of the average American, researchers reported yesterday.

Reducing fine particles given off by automobiles, diesel engines, steel mills and coal-fired power plants have added as much as 15 per cent of the 2.72 years of extra longevity seen in the U.S. since the early 1980s, researchers wrote in the New England Journal of Medicine.

Changes in smoking habits are the biggest reason why Americans are living longer, said Arden Pope, an epidemiologist at Brigham Young University in Utah who led the study.

Improved socio-economic conditions, judged partly by the proportion of high school graduates living in an area, rank next. But cleaner air was a big factor.

"It's stunning that the air pollution effect seems to be as robust as it is after controlling for these other things," Pope said.

The findings show there has been a real dividend from the efforts since the 1970s to improve air quality, said Pope.

In a commentary, Daniel Krewski of the University of Ottawa said the study "provides direct confirmation of the population health benefits of mitigating air pollution and greatly strengthens the foundation of the argument for air-quality management."

Based on earlier research, the World Health Organization has estimated that 1.4 per cent of all deaths around the world are caused by air pollution particles. REUTERS

Metro Online Poll Results

66% SAID YES	Can Barack Obama reverse America's dwindling fortunes?	34% SAID NO

Weigh in on today's question at metronews.ca

It's your turn to tell others what you think. E-mail your thoughts and opinions to: ottawaletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Ottawa 130 Slater Street, Suite 300, Ottawa, ON K1P 6E2; Tel: 613-236-5058 • 1-888-916-3876; Fax: 1-866-253-2024; Advertising: 613-236-5058 • adinfoottawa@metronews.ca; ottawa_distribution@metronews.ca

Marching for lower interest rates
Thousands of labour union members marched yesterday outside the offices of Brazil's central bank in Sao Paulo and Brasilia, calling for a steep drop in interest rates to help spur the country's economy and prevent mass layoffs. **REUTERS**

Business

DOLLAR
0.74¢ | C$ 79.63¢ US | US$ $1.2558

OIL
$43.55 US | $2.71

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Read more Metro news online today. Do it daily. metronews.ca

Put your mind at ease.

Let's figure it out.

Come in for your TD Personal Assessment and get the retirement advice you need.

With our expert advice, you'll get the confidence you need to help ensure your investments and your retirement plan stay on track. We'll give you guidance on everything from RSP contributions to saving techniques. Come in to a branch and get the advice you need to help put your mind at ease. RSP deadline is March 2nd.

Visit a branch today to get your TD Personal Assessment.
1-877-654-3838 • www.tdretirement.com/tdrsp

TD Canada Trust TD Waterhouse

TD Waterhouse represents the products and services offered by TD Waterhouse Discount Brokerage, TD Waterhouse Financial Planning, and TD Waterhouse Private Investment Advice, which are divisions of TD Waterhouse Canada Inc. (Member CIPF), TD Waterhouse Private Investment Counsel Inc., TD Waterhouse Private Banking (whose services are offered by The Toronto-Dominion Bank) and TD Waterhouse Private Trust (whose services are offered by The Canada Trust Company). TD Waterhouse and 'Let's figure it out' are trade-marks of The Toronto-Dominion Bank.

Deficit to reach $13B?

Canada's budget deficit is likely to total at least $13 billion in the 2009-10 fiscal year, or 0.8 per cent of gross domestic product, before any stimulus measures are taken, the parliamentary budget officer said yesterday.

The new estimate compares with the officer's estimate last November of a deficit of $3.9 billion for the same period.

To avoid a long-term structural deficit, the Conservative government's upcoming budget should avoid any permanent measures, such as permanent tax cuts, that cost more than $6 billion annually, according to notes published by Kevin Page.

The rapidly worsening economy could lead to cumulative budget deficits of $46 billion from 2009-10 to 2013-14. **REUTERS**

Budget plans

- The budget next week will contain tax measures, Finance Minister Jim Flaherty said yesterday, but declined to say whether they would be permanent or broad-based measures.

Nortel grounds corporate jet

BANKRUPTCY Nortel Networks Corp. has grounded its corporate jet and is in talks to get rid of it as the telecom equipment maker cuts costs and restructures its ailing business, which is in bankruptcy protection.

The plane was used primarily to ferry chief executive Mike Zafirovski on business trips. **REUTERS**

In brief

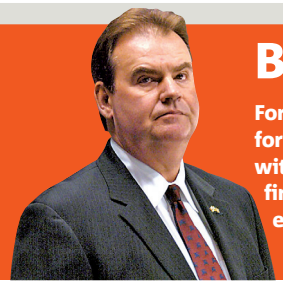
AUTOS General Motors reported an 11 per cent drop in global sales in 2008 to 8.35 million, allowing Toyota to surpass it as the world's largest automaker for the first time. Toyota logged 8.97 million sales.

INQUIRY The Securities and Exchange Commission is examining Apple Inc.'s disclosures about chief executive Steve Jobs' health problems to ensure investors were not misled. Jobs is taking a six-month leave for a "more complex" than anticipated illness. **REUTERS**

Steelers in white

The Pittsburgh Steelers will wear their white road uniforms against Arizona in the Super Bowl, just as they did when they defeated Seattle for the NFL title three years ago in Detroit. The Cardinals, as the home team, chose to wear their red home jerseys in the Feb. 1 game in Tampa. METRO NEWS SERVICES

Sports



Burns battling cancer again

Former Maple Leafs and Canadiens coach Pat Burns is fighting cancer for the third time. Burns told Montreal's La Presse he was diagnosed with lung cancer last spring. He underwent chemotherapy during his first two bouts with liver and colon cancer, but the newspaper reported he will now try other methods of treatment. METRO NEWS SERVICES

JOHN.CHICK@METRONEWS.CA

Does success for the NHL lie in Europe?

GETTY IMAGES

Lack of interest in many American cities, combined with the current economic climate may lead the league to expand across the Atlantic. But would Europe accept the NHL?

If you go back to 1957, a hockey fan might have called it preposterous, the notion of having an NHL team in southern California.

Ten years later, the Los Angeles Kings were born.

In 10 years from now, where will the NHL be?

To some, the answer is clear: Europe. Perhaps a European division — Berlin, London, Prague, Stockholm, Helsinki, Zurich. It's not a far-fetched idea.

"There is a great deal of enthusiasm and a real market for the NHL game in Europe," says Paul Kelly, executive director of the NHL Players Association and one of the leading proponents of the globalization of the game.

For now, the league talks only of doing what's best for the 30 existing teams.

The Phoenix Coyotes are living off league handouts, the Florida Panthers have laid off staff, the Nashville Predators have one of its owners in bankruptcy court, the Atlanta Thrashers owners are suing each other, and the situation in Tampa changes minute-by-minute.

Relocating weak teams — perhaps putting a second team in Toronto, or one in Hamilton or Winnipeg — within North America is certainly more likely in the short term than locating a team in Europe, said Kelly.

Detlev Zwick, a professor of marketing in the Schulich school of business at York University, sees Europe as the NHL's best hope, believing the North American sports market to be saturated, witnessing an economy in recession.

"They have to look at Europe, and yes, there are lots of logistical problems that come into play," says Zwick. "But it's sort of inevitable from a corporate perspective. They need to develop new markets if they want to see real growth."

The NHL also has its reputation at stake as the world's premier hockey league. It faces a direct threat from the KHL, the former Russian Super League that has pan-European aspirations.

"The NHL may not have a choice if they are to maintain their premier position as the best hockey in the world," said Zwick.

> **"The NHL may not have a choice."**
> Detlev Zwick

Caught in the middle are European ice hockey federations, desperate to keep their national leagues intact, fearful that the biggest cities in those leagues would be poached by outside interests.

"We don't see any reason for the NHL to play permanently in Europe," Jukka-Pekka Vuorinen, president of Hockey Europe, said.

The International Ice Hockey Federation says the NHL would fail miserably, citing the fact that the NFL pulled the plug on the money-losing NFL Europe and saying the NHL would be seen as interlopers along the lines of how the WHA was perceived when playing in NHL cities.

"It would be a potential disaster for this NHL's European Division," said Rene Fasel, president the IIHF.

TORSTAR NEWS SERVICE

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Boston 4 Toronto 3 (SO)
New Jersey 5 Montreal 2
Dallas 4 Florida 1
N.Y. Islanders 2 Anaheim 1
Philadelphia 5 Atlanta 3
Tampa Bay 5 Buffalo 3
St. Louis at Chicago
Los Angeles at Colorado
Columbus at Calgary

NBA

YESTERDAY'S RESULTS

Detroit 95 Toronto 76
Boston 98 Miami 83
Charlotte 101 Memphis 86
New York 114 Phoenix 109
Dallas at Milwaukee
New Jersey at New Orleans
Utah at Houston
Washington at Sacramento
Cleveland at Portland
L.A. Lakers at L.A. Clippers
Oklahoma City at Golden State

Economic woes driving down Super Bowl ticket prices

Tickets for the National Football League's Super Bowl could be the most affordable in years as a recession drives down prices, top ticket-exchange executives said.

Ticket prices to watch the Pittsburgh Steelers battle the Arizona Cardinals in the championship game have slumped as much as 40 per cent in the secondary market due to weak demand.

"The most obvious thing to point to is the economy," said Eric Baker, chief executive of viagogo, a London-based secondary ticket exchange.

"There's no question that at the high end of the market, when things are softer, you get fewer people. Fewer corporations are going to shell out big bucks."

Ticket prices overall are down about 38 per cent to about $3,100 US, the lowest level since 2006, when the Steelers won their last title, Baker said.

Prices just at viagogo, which is backed by European venture capital firm Index Ventures, are down about 40 per cent to $2,900.

The NFL, like most sports globally, has been hurt by the recession.

Last month, the NFL, the U.S. sports league with the strongest television ratings, said it would cut 14 per cent of its workforce.

Tickets to the Super Bowl carry a face value of either $800 or $1,000, with about 1,000 tickets priced at $500 this year in response to the slumping economy. However, prices to popular sporting events are often resold at prices far higher than face value.

"We're seeing downward pressure on pricing across the board, no matter what the event is, including the Super Bowl," RazorGator CEO Jeff Lapin said.

The Los Angeles-based ticket exchange is owned by several venture capital firms, including Kleiner Perkins Caufield & Byers.

Super Bowl ticket prices at RazorGator are off about 15 per cent from last year, but the recession's impact is even more stark at the high end, Lapin said.

The maximum price paid for a ticket so far this year is $5,250, down from $9,850 last year.

Just since Jan. 4, prices have fallen 30 per cent, LiveStub CEO Michael Hershfield said. REUTERS

Westend Automotive.com

2004 DODGE EXTENDED 4X4

$11,995 — $119 Bi-Weekly

2005 VOLVO XC70

$19,995 — Leather

2005 CHEV COBALT

$9,995 — $99 Bi-Weekly

2003 DODGE NEON 2.0SX

$5,995 — 33,000 Kilometers

2003 HYUNDAI ACCENT

$4,995 — $49 Bi-Weekly

2003 HYUNDAI ELANTRA

$7,995 — $79 Bi-Weekly

2003 JEEP LIBERTY
4 IN-STOCK

STARTING AT: $9,995 — $99 Bi-Weekly

2003 KIA RIO RXV

$6,995 — 49,000 Kilometers

2003 NISSAN SENTRA

$6,995 — $69 Bi-Weekly

2004 ACURA MDX

$21,995 — 7 Passenger

2004 CHEVROLET AVEO

$6,995 — $69 Bi-Weekly

2004 CHEVROLET MALIBU
2 IN-STOCK

$7,995 — $79 Bi-Weekly

2004 CHEVROLET VENTURE
65,000 KILOMETERS

$8,995 — $89 Bi-Weekly

2004 CHRYSLER PACIFICA

$14,995 — DVD Player

2004 CHRYSLER PT CRUISER
3 IN-STOCK

$9,995 — $99 Bi-Weekly

2005 CHRYSLER TOWN & COUNTRY

$12,995 — STO & GO Seating

2008 CHRYSLER SEBRING
1 IN-STOCK

$14,995 — HEATED Seats

2005 PONTIAC PURSUIT

$7,995 — CD Player

2004 FORD MUSTANG CONVERT.

$13,995 — 50,000 Kilometers

2004 HONDA PILOT

$19,995 — 8 Passenger

2004 JEEP GRAND CHEROKEE
2 IN-STOCK

STARTING AT: $9,995 — $99 Bi-Weekly

2004 HYUNDAI SONATA

$7,995 — $79 Bi-Weekly

2004 MAZDA 3
5 IN-STOCK

$11,995 — $119 Bi-Weekly

2004 MAZDA MPV
5 IN-STOCK

STARTING AT: $7,995 — $79 Bi-Weekly

2004 MAZDA RX8
LEATHER

$16,995 — GT Model

2004 PONTIAC GRAND-AM

$5,995 — $59 Bi-Weekly

2004 SATURN ION

$6,995 — $69 Bi-Weekly

2004 TOYOTA 4-RUNNER

STARTING AT: $18,995 — AWD Model

2004 VOLKSWAGEN GOLF

$13,995 — 28,000 Kilometers

2005 FORD EXPLORER SPORT TRAK

$15,995 — Leather

2005 BUICK ALLURE
LEATHER

$10,995 — $109 Bi-Weekly

2008 TOYOTA YARIS
POWER WINDOWS

$12,995 — $129 Bi-Weekly

2005 SATURN VU

$10,995 — $109 Bi-Weekly

2005 DODGE CARAVAN
STO-'N-GO

$7,995 — $79 Bi-Weekly

2006 CHEV UPLANDER

$10,995 — $109 Bi-Weekly

2005 DODGE RAM 1500

$12,995 — $129 Bi-Weekly

2007 DODGE CALIBRE

$13,995 — 6,900 Kilometers

2005 FORD FOCUS

$8,995 — $89 Bi-Weekly

2005 FORD FREESTYLE
3 IN-STOCK

$10,995 — $109 Bi-Weekly

2005 PONTIAC G6
2 IN-STOCK

$9,995 — $99 Bi-Weekly

2005 NISSAN ALTIMA

$10,995 — $109 Bi-Weekly

2005 JEEP WRANGLER UNLIMITED

$15,995 — $159 Bi-Weekly

2008 DODGE AVENGER

$13,995 — $139 Bi-Weekly

HOT DEAL!

2005 CHRYSLER 300

3 IN-STOCK

ONLY $9,995

Automatic, Green Exterior, Grey Interior, AM/FM Stereo, Air Conditioning, Ally Wheels, Anit-lock Brakes, Dual Air Bag, Power Seats, Power Steering, Power Windows and more!

65,000 Kilometers

OVER 150 VEHICLES IN STOCK

We finance everyone...

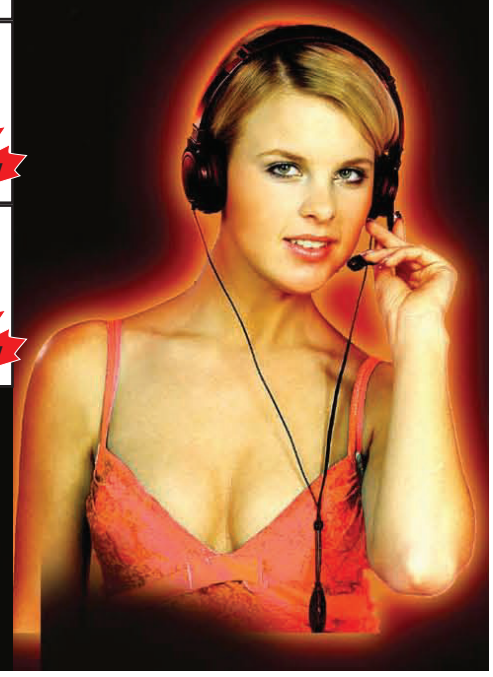
NO Money Down

NO Payments for 6 Months*

We can arrange monthly and bi-weekly payments to fit everyone's budget.

No credit application refused.

Westend Automotive has access to more lenders than anywhere else!



Call today! (613) 836-6786 • 1 877 290-9378

5872 Hazeldean Road, Ottawa

Select models up to 84 months financing, see details. OAC. Minimum downpayment may be required on select models.
Ex. $10,000 + taxes + $399admin. fee = $11,854.86 @ 7.9% x 60 months. COB is $2533.74. Interestrates vary from 5.9% to 29.9% OAC.

Nats lower ticket prices

The Washington Nationals lowered individual-sale ticket prices on 14,000 seats for 2009 yesterday after ranking near the bottom of the National League in attendance during their new ballpark's debut season. Individual-sale ticket prices were cut by $10 US or more in more than 4,500 seats. **METRO NEWS SERVICES**

The all-star break in momentum

TheHockeyNews

Ken Campbell

thehockeynews.com

The good news for Dany Heatley is that he'll at least be playing and practising this weekend.

The bad news for his Ottawa Senators teammates is that they won't.

Perhaps it's only fitting that in this season from H-E-double hockey sticks that the all-star break would fall at the worst possible time for the Senators.

Going into this weekend's festival of no hits, the Senators might be playing their best hockey of the season. (Yeah, we know, but points in four straight games and seven of a possible eight represents heady times for this group.)

It's a shame that it all has to come to a screeching halt for a team that seems to have finally rediscovered its scoring ability with 15 goals in the past four games.

It's too bad they can no longer carry the momentum given them by rookie goaltender Brian Elliott, who is 3-1-1 with a 2.18 goals-against average and .924 save percentage since being summoned from Binghamton.

At least Heatley, who represents the epitome of a streaky scorer, will have a chance to keep playing.

The lone Senators representative for the Eastern Conference enters the weekend with four goals in his past two games.

The truth is, the Senators have almost certainly dug themselves into too deep a hole to even contend for a playoff spot, even if they do play out of their minds in the second half of the season.

Not only do they have to make up at least a 12-point deficit (pending the result of last night's Florida-Dallas game), but the likelihood of doing that and jumping ahead of five teams into a playoff spot makes it almost impossible.

But it would have been nice for the Senators to at least keep the good feelings going for a little while longer, instead of going a full week between games.

The time off will give Elliott a chance to cool his heels a little in anticipation of a busy stretch run. Elliott has given the Senators no reason to doubt that he is their goalie of the both the present and the future.

He has proved he can handle the NHL game, and the experience he gains this season will serve him well when he takes over the No. 1 job in 2009-10.

Too bad it took them until February to find a goalie who can stop pucks in their own net and rediscover their ability to score on the other one.

The Hockey News thn.com

BRUCE BENNETT/GETTY IMAGES

Dany Heatley takes his recent hot streak into the Sunday's all-star game in Montreal.

NHL Habs lose in Jersey

RAY STUBBLEBINE/REUTERS

Montreal goalie Carey Price looks back as the Paul Martin's shot goes into the net last night. The Devils beat the Canadiens by a score of 5-2.

Kent calls it quits

Jeff Kent, baseball's all-time home-run leader as a second baseman, will formally retire today, the Los Angeles Dodgers said in a statement.

The five-time all-star will draw the curtain on a 17-year career in the majors, having spent the last four seasons with the Dodgers.

Kent, whose 351 career homers as a second baseman are 74 more than Ryne Sandberg, will retire with a .290 career batting average, 1,518 RBI and a .500 slugging percentage.

The National League MVP in 2000 with the San Francisco Giants, he will be replaced at second base for the Dodgers by Blake DeWitt, who took over when Kent was sidelined through injury last season.

After becoming the first 40-year-old in Dodgers history to go into a season as a starting position player, Kent batted .253 midway through the 2008 campaign.

He caught fire after Manny Ramirez was added to the lineup, hitting .353 in August before injuring his knee.

Although he returned to make the post-season roster, he was relegated to a bench role and went 0-for-9 with four strikeouts in two playoff series.

He ended the regular season hitting .280 with 12 homers and 59 RBI and became a free agent in November.

Kent, who turns 41 in March, was drafted by the Toronto Blue Rays in 1989 and also played for the New York Mets, the Cleveland Indians, San Francisco and the Houston Astros. **REUTERS**

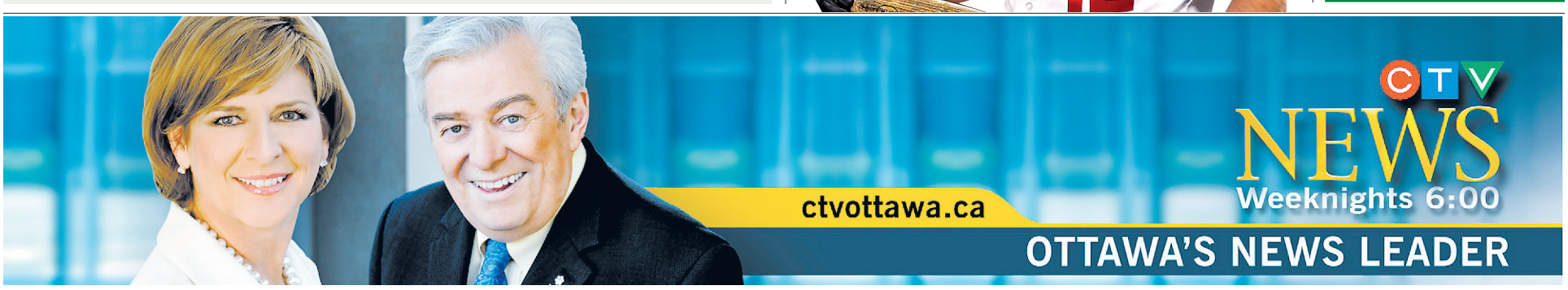
Sports in brief

NHL Patrick Marleau of the San Jose Sharks and defenceman Stephane Robidas of the Dallas Stars have been added to the NHL Western Conference all-star roster. Marleau will fill in for injured Red Wings forward Pavel Datsyuk while Robidas takes the place of injured Detroit defenceman Nicklas Lidstrom. The all-star festivities kick off this week in Montreal and the game will be played Sunday. Pittsburgh Penguins captain Sidney Crosby expects to play despite his sore left knee.

CFL The Toronto Argonauts have hired Peter Kuharchek as their defensive co-ordinator. The 61-year-old has nearly 40 years of coaching experience in the NCAA, USFL, NFL Europe and Arena Football League. He also was a linebackers coach with the B.C. Lions in 1990.

CFL Former Blue Jays outfielder Jayson Werth and the Philadelphia Phillies reached a preliminary agreement on a $10-million US, two-year contract, a source said yesterday. Philadelphia also announced a one-year contract with reliever Chad Durbin worth $1.635 million US. **METRO NEWS SERVICES**

For more sports coverage, visit metronews.ca/sports



Intel scales back
After slashing product prices and reporting a decline in fourth-quarter revenue, chipmaker Intel said yesterday it is closing manufacturing plants in Malaysia and the Philippines, and scaling back U.S. operations as part of a restructuring plan that could affect 6,000 employees. REUTERS

Tech Now

Online uptick

More consumers are turning to online retailers because of perks such as delivery to your doorstep, greater selection and — amid a recession — big discounts. Over the holidays, same-store sales at retailers such as Urban Outfitters fell, but with online purchases taken into account, sales actually increased. REUTERS

Ottawa firms show innovation in Vegas

TechNow
Paul Brent
technow@ctv.ca

Nortel may be facing a huge task to survive, but that didn't stop them from having a presence at the Consumer Electronics show in Las Vegas in early January.

Located with the Lenovo Computer exhibit, they showed off Web Alive, which was released last fall and offers the look of Second Life and the online communications business people would want.

Michael Cohen of Nortel said for the first time ever, CES welcomed the blogger community.

For example, Eric Ross a.k.a. PacManPolarBear, is based in Ottawa and writes for SarcasticGamer.com of Houston. He tells me it was an "incredible show, for a geek it was heaven."

He writes about gaming and found that he had more access to games and company staff than he could have hoped for at this "blogger friendly event."

Corel Software returned to the show. This year rather than a booth, they rented a meeting room on the show floor. Stephane Gayraud, head of Market Intelligence said attendance may have been down as much as 20 per cent, but it was a good show offering a unique gathering of the industry and people ready to do business. Greg Wood, Corel's head of Digital Media marketing, said it was a chance to see the developing trends such as 3-D TV, and Netbooks.

COURTESY CONSUMER ELECTRONICS SHOW

Consumer Electronics Show attendees demo BlackBerry smart phones at Research in Motion's booth in Las Vegas on Jan. 11.

QNX Software provides the software that drives a lot of the technology in cars from GPS to hands-free phones. They too booked a meeting room and found themselves overwhelmed with interest. In fact Andrew Polick of QNX told me it was an ideal show because it puts a huge emphasis on car electronics. He adds that the last quarter — despite economic gloom — was the best quarter in QNX's history.

Research in Motion, maker of the Blackberry, had a very large and very busy booth, which was a testament to its place in consumer's lives. Included at RIM was Unify4Life, a company with their marketing executive based in Ottawa. Dave Stubbs told me at the show that interest in their product was beyond expectations. They turn Blackberrys into a remote control unit capable of running your TV, cable box, DVD , garage door and thousands of other devices.

Website of the week:
omgili.com
A search engine to track the subjects people are talking about online.

This Sunday:
One of the stories on Tech Now will be a look at the new way to fix and maintain computers ... via the Internet. And don't forget to check our website ctvottawa.ca.

Be sure to watch Tech Now this Sunday as part of the CTV NEWS at 6 p.m.

It's all about reach.

metro Do it daily. + workopolis.com CANADA'S BIGGEST JOB SITE

= Total recruitment solution.

*SOURCE: NADbank 2007, read yesterday; BASE: Montreal CMA, Ottawa-Gatineau CMA, Toronto CMA, Vancouver CMA

Finding the right employee has never been easier.
Open up your options with Metro and workopolis.com.

To sign up or for more information call 613.236.5058

TECH NOW
WITH PAUL BRENT

Sundays 6:00
OTTAWA'S NEWS LEADER

CTV NEWS

ctvottawa.ca

Freshen up
It's best to repaint interior walls every three to four years — after five years, painted walls will have faded or yellowed. Walls in high-traffic areas should be repainted every three years at the very least. **HGTV.CA**

Metro Homes

Shock guide

This week, the Canadian Standards Association launches the 21st edition of the Canadian Electrical Code — a mandatory guide that addresses electrical safety, shock and fire hazards of electrical products in Canada; visit csa.ca.

METRO NEWS SERVICES

It's time to give stainless steel a rest

The finish is falling out of favour, due to constant upkeep and a sterile feel

HomeScape

Sylvia Putz

metronews.ca/homescape

Let's face it, stainless steel in the kitchen may be on the verge of getting a little tired.

Not that I don't love the finish — it's got inherent good looks and it's flexible in terms of decor, but the love affair is starting to fade.

I'm not the only one who's ready to move on. Austere is becoming a dirty word when it comes to kitchen style, and it seems that choices in appliance finish are finally starting to diversify. Rich, coppery tones and warmed-up whites seem to strike more of a chord these days.

Stainless steel always had its critics, to be sure. There were many who tried to warn me about the ubiquitous fingerprint problem before I bought shiny, sparkling appliances, but I wouldn't listen. Now, after hard-won experience, I'll admit to spending more time than I'd like wiping fingerprints and other smears off my sometimes less-than-sparkly stainless steel appliances.

"After hard-won experience, I'll admit to spending more time than I'd like wiping fingerprints and other smears off my sometimes less-than-sparkly stainless steel appliances."

But even if fingerprints were not an issue, people would be starting to look further afield for something that's warmer and friendlier than stainless steel. In online chats devoted to design, you can find plenty of folks complaining about the finish's coldness and sterility.

Not surprisingly, appliance sellers are starting to respond to consumers' requests for an alternative to stainless steel. White and off-white colours such as bisque, cream and a glazed white which looks like a well-aged ivory are appearing more and more.

Jenn-Air has come out with its Oiled Bronze collection of appliances, which is getting a lot of attention.

The collection features a deep, rich bronze tone, which makes for a sophisticated and elegant look that could work well in both contemporary and more traditional settings. Check jennair.ca for a peek.

Crisp bright colour is another alternative to stainless steel that is finding its way into stylish new kitchens.

We're seeing some bright, saturated colours on appliances, such as cobalt blue, lemon yellow or red, as well as more subtle colours in glass fronts.

For example, check out the coloured retro appliances from Elmira Stove Works, elmirastoveworks.com. Although the look is generally associated with the typical rec room, garage or cottage, Tony Dowling, the firm's business development manager, says he's increasingly seeing them installed in contemporary settings.

JENN-AIR

Jenn-Air's Oiled Bronze kitchen appliances are among the alternatives to austere stainless steel.

The most popular colours are candy red, buttercup yellow and robin's egg blue.

British and European appliance makers like Aga and AEG have long been more adventurous with colour, offering up bright reds and blues along with their more neutral tones.

Professional-line ranges like those produced by Bluestar, Viking or Wolf have also not been shy about using colour.

Another intriguing alternative is Jenn-Air's glass-front appliances, which come in onyx black or frosted white.

Dacor's Preference glass-front dishwasher also comes in striking and subtle floating glass colours such as slate green, anthracite gray, sterling gray, titanium silver, blue water or black.

It's a gorgeous sleek, contemporary look, although, alas, glass fronts may require as much polishing as stainless steel. But glass fronts may be perfect if you live in an adults-only household and don't mind polishing the glass regularly.

The moral of the story is, if you're buying appliances, don't be afraid to investigate something different. Stainless steel isn't the only kid on the block anymore.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

ELMIRA STOVEWORKS

Elmira Stove Works' cheerful retro fridges come in colours including buttercup yellow and robin's egg blue.

Sweet reunion
Sweet, steamed cakes are popular during Chinese New Year; their sweetness symbolizes a rich, sweet life, the layers symbolize rising abundance for the coming year, and the round shape signifies family reunion. METRO NEWS SERVICES

Food

"The word for fish, 'Yu,' sounds like the words both for wish and abundance. On New Year's Eve, it is customary to serve a fish, symbolizing a wish for abundance in the coming year."
Barb Holland/for Metro Canada

Served whole
For added symbolism, the fish is served whole, with head and tail attached, symbolizing a good beginning and ending for the coming year.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Here's to another new year

À **la** carte

Barb Holland
Metro Food Writer

Noodles — very popular in Chinese cuisine — represent a long life and it is considered bad luck to cut them.

As it falls on the first day of the lunar calendar, the specific date of Chinese New Year changes each year. This year, it is Jan. 26 and this is the Year of the Ox.

Given the importance of food in Chinese culture, it is not surprising that food plays a major role in Chinese New Year celebrations and "lucky" foods are served through the two-week Chinese New Year celebration.

What gives a certain food symbolic significance? Sometimes it is based on appearance. Noodles represent a long life; an old superstition says that it's bad luck to cut them. Or, a food may have special significance because of the way the Chinese word for it sounds. The Cantonese word for lettuce sounds like rising fortune, so it is common to serve a lettuce wrap filled with other lucky food. Tangerines and oranges are passed out during Chinese New Year as the words for tangerine and orange sound like luck and wealth.

Kung Pao Chicken

This spicy dish, named after Ting Kung Pao, a high-ranking Chinese official during the Ching Dynasty, is served in both Szechuan and Hunan restaurants. Peanuts are typical to this dish. Serve with rice or noodles and a green vegetable such as bok choy. Makes 4 servings.

INGREDIENTS:
- 1 lb (500 g) boneless, skinless chicken thighs or breasts, trimmed of any fat and cut into 3/4-inch (2 cm) cubes
- 1 tbsp (15 ml) soy sauce
- 1 tsp (5 ml) dried hot pepper flakes
- 1 tsp (5 ml) cornstarch
- 1/4 cup (60 ml) chicken broth
- 1 tbsp (15 ml) Chinese black vinegar, balsamic or rice vinegar
- 1 tsp (5 ml) sugar
- 2 tsp (10 ml) Asian chili garlic sauce
- 1 tsp (5 ml) hoisin sauce
- 1 tbsp (15 ml) vegetable oil
- 1 red pepper, cut into 1-inch (2.5 cm) squares
- 1/2 tsp (2 ml) cornstarch stirred into 1 tsp (5 ml) cold water
- 1/3 cup (75 ml) roasted, salted peanuts
- Cooked rice or noodles

METHOD:
In a medium bowl, stir together soy sauce, hot pepper flakes and cornstarch until smooth. Add chicken and toss gently to coat. Let stand 10 minutes while preparing remaining ingredients.

Sauce: Stir together broth, vinegar, sugar, chili garlic and hoisin sauces, set aside.

Heat oil in large skillet or wok over medium-high heat. Add chicken and stir-fry until lightly cooked, 1 to 2 minutes. Add red pepper and stir-fry until tender-crisp, about 2 minutes. Stir in sauce mixture until bubbly and heated through.

Add dissolved cornstarch and cook, stirring gently until sauce thickens, about 30 seconds. Stir in peanuts and serve over rice or noodles.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

LiquidAssets

Peter Rockwell
liquidassets@eastlink.ca

Long lost grape

When it comes to grapes, there's been a lot of excitement in the vineyards over the last few years.

We've seen the return of long forgotten whites (riesling, sauvignon blanc), the rise of the South American red (malbec, carménère) and Obama-sized adulation for inventive blends (like the marriage of shiraz and viognier). Unfortunately, all this "cool" fruit has taken its toll on one of my favourite varietals: Chardonnay.

First planted in France's Burgundy region, it's now grown just about everywhere, which has fuelled the fire under complaints that any originality has been long lost. I blame the over-oaking of many a chardonnay for all the back-turning, and most winemakers have been toning it down to reveal fresher flavours.

The **2007 Fat Bastard Chardonnay ($14.95 - $16.99)** from southern France is a perfect example of where subtle barrel aging really lets the grape's lemony fruit come forward.

Over in California, the **2006 J. Lohr Riverstone Chardonnay ($20.75 - $23.98)** shows its light woodiness in the vanilla, coconut and butterscotch highlights that fuel its ripe, citrusy flavour trail.

Both wines make a hip reintroduction to a great grape and will match well with white fish, poultry dishes and lighter cream sauces.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

ALGONQUIN COLLEGE
Build an online business in only 10 sessions
Why Build Just a Web Site... When You can Build a Web business?
Algonquin College's Centre for Training & Development presents
"SiteSell"
Building a Successful Business Using the Internet
This 10-week course, from **Wednesday Feb.4-Apr. 8,** teaches you how to create an income-generating Web site, and a real online business from your home.
A successful Web entrepreneur and instructor guides you through a proven process, using **Site Build IT!**, an all-in-one package that includes integrated tools, Web hosting, and domain name registration.
Call now to register at 613-727-0002
Or for more information, visit www.algonquincollege.com/onlinebusiness

Love Where You Live
You're busy – decorating and renovating takes time! Our knowledgeable design professionals want you to love where you live.
Our time, Your style!
CPI INTERIORS INC.
www.cpiinteriors.ca
(613) 599-5564
Toll-free: 1-866-446-4415
Creating Beautiful Spaces

BDO
BDO Dunwoody Limited
Let BDO help you get on the road to financial stability
- **Avoid** bankruptcy
- **Consolidate** debt into one manageable monthly payment
- **Stop** interest
- **Stop** harassing calls from creditors
- **Protect** your home and car

Financial problems can happen to anyone. We will advise you about all of your options and find the right solution to alleviate your financial stress.
Serving Canadians since 1958
More people choose BDO than any other firm in Canada*
Free Consultation - Convenient, confidential appointments
The Elgar Building
200 Elgin St, Suite 903
613-235-5225
1-800-754-1579
*OSB Statistics
Trustee in Bankruptcy - Credit Counsellors - Proposal Administrators
www.bdodebthelp.ca

Sarah Jessica comments on Obama gown

Style icon Sarah Jessica Parker tells Usmagazine.com she loved the one-shouldered full-length white Jason Wu gown Michelle Obama wore to the 10 balls Tuesday evening. "I think she will be great for the business of American fashion," Parker tells Us magazine. METRO NEWS SERVICE

Style

An accessory for the gal about town

Horrified of all the germs your purse will come in contact with on a dirty restaurant floor? If so, the My Tagalongs Purse Hooker is the perfect accessory for you. This handy collapsible hook latches onto any flat surface, making it easy to keep your purse safe and clean during an evening out. The My Tagalongs Purse Hooker, $15, comes with its own pouch and is available in the handbag section of the Bay stores across Canada as well as online at mytagalongs.com. METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Judging the runway

Project Runway host Iman talks racism, diplomacy

BRIAN COULTON
for Metro Canada

Even in a black car with darkly tinted windows, you can see her sparkling.

As her vehicle pulls up, glimmers from her wrist and ears escape the glass barriers, capturing the beating sun outside. But while she may evade such obstructions, Somalian-born supermodel Iman said women of colour aren't quite as opportunistic.

"I could go (on) ... on the lack of black models," she said on the Ottawa-based catwalk set of Project Runway Canada's second season, which she hosts.

Behind her mask of beauty she knows how dark a fashion industry overrun with eastern European models really is. "Of course I am aware! It is unacceptable for people to still be behaving like we were in the 1950s."

Aside from her 14-year-old cosmetics company designed specifically for women of colour, Iman's zeal for the issue also lead her to partake in two roundtable discussions called Blacks in Fashion in New York. She said the talks, organized by pioneering black model and agent Bethann Hardison, caused Prada to use Jourdan Dunn for their fall 2008 collection, its first black model since Naomi Campbell in fall 1997.

"As a model, I can say whatever I want because I'm a citizen. I don't work for anybody. That's why I can talk about the lack of black models without anyone retaliating against me," she said.

But Iman didn't always have her eye on the runway. Before being discovered by American photographer Peter Beard at just 20 years old, Iman was set on a political career, following in her diplomat father's footsteps. But she said a diplomat must be wary of what they say because they have to "play ball" within the system.

Iman has her own way of being diplomatic.

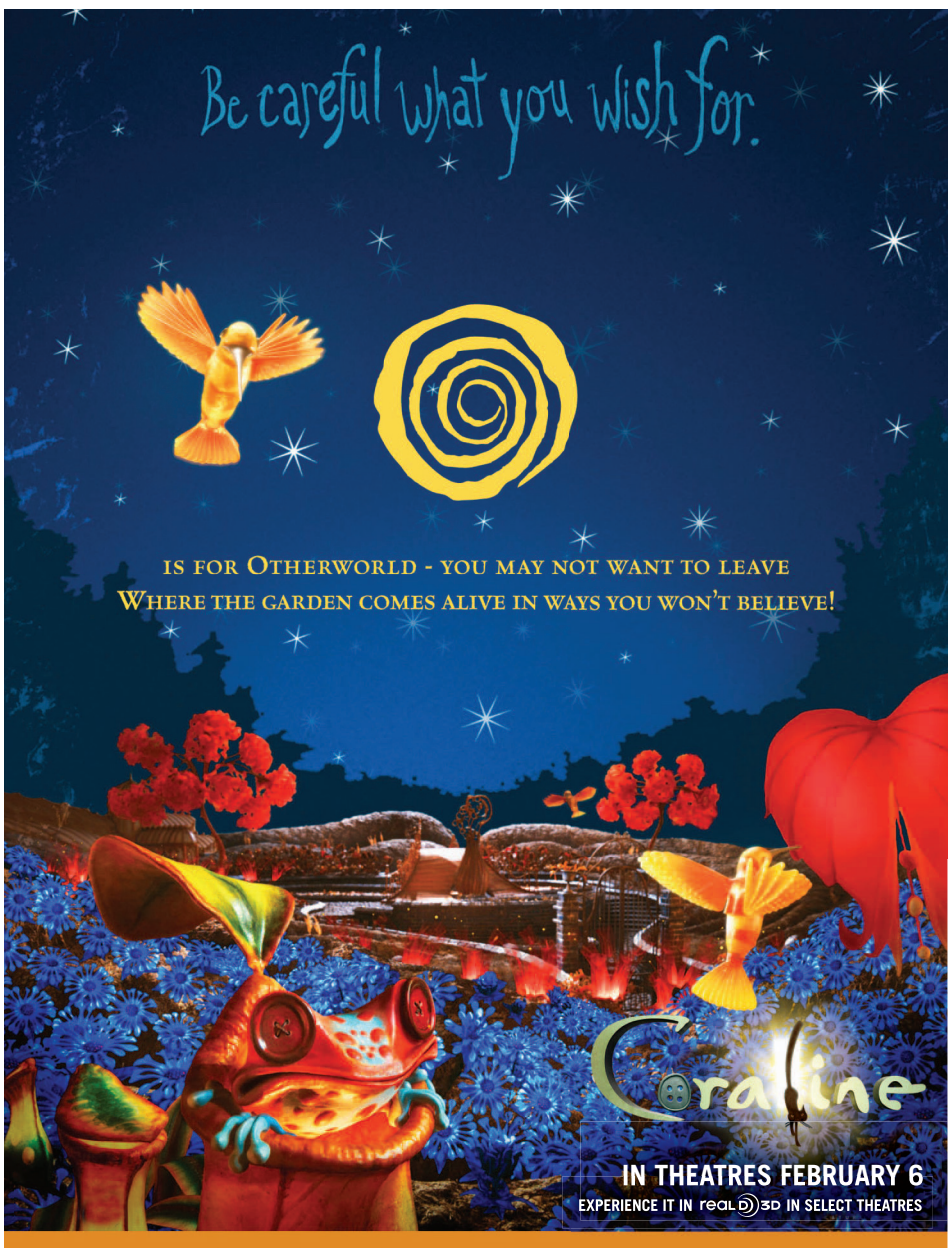
"How do I really say it in the right way that I want to say it without offending or insulting people? That's the way diplomacy comes into it," she said.

That's why, when asked, Iman had no qualms with allowing her only daughter (once finished school) to enter the industry if she desired.

"It gives you a platform where you can actually say something that the newspapers will write about. In that way, I think there is that responsibility you can take advantage of."

GLOBAL PHOTO

Project Runway host and model Iman is not only a style icon. Season two of the popular reality series premieres on Global on Jan. 27.



Go to METRONEWS.CA and tell us the page you found this letter on for your chance to win 1 of 30 *Coraline* Prize Packs!

LAIKA FOCUS FEATURES metro Do it daily. ALLIANCE

No purchase necessary. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes January, 30th 2009.
Odds of winning depend on number of entries received. Winners will be required to answer a skill testing question. For full contest rules and details, visit www.metronews.ca

The slouchy boyfriend jean

Style **File**

Kim Elbo

kim.elbo@gmail.com

ask kim

When should I expect spring collections to start rolling into the stores this year?

At this time of year many outdoor stores and malls are having their sidewalk sales. This means old holiday inventory wear is being pushed out of the doors and sold outside to make room for their spring inventory. Spring collections should start coming in late January to early February. In the meantime, take advantage of the sales and grab some basics.

The Slouch
Designer: Matix
Shop: Vozz Boutique
Address: Various Locations
vozz.ca

The Slim Fit
Designer: Mavi
Shop: Mavi
Address: Various Locations
mavi.com

The Flare
Designer: Parasuco
Shop: Parasuco
parasuco.com

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

GlobalStyle

Kenya Hunt

Read Kenya, exclusively at metronews.ca/globalstyle and check out her blog at kenyastyle.com

Welcome to pure skin

Late nights. Early mornings. Life can be hard on your skin. That's why we've created the NEW Bioré® Daily Recharging line. It's uniquely designed to remove impurities and nourish your skin using natural ingredients – leaving you looking and feeling refreshed. If only everything in life was this simple.

Bioré®. Beauty starts here.

Bioré®

Cruise wants to pilot new film

Tom Cruise wants to star in a film about last week's Hudson River plane crash. The actor, who is a qualified pilot himself, wants to play Captain Chesley Sullenberger — the man who successfully crash-landed the aircraft on to the New York river, saving all 150 passengers. **FEMALEFIRST.CO.UK**

Entertainment

Escort service

Katie Holmes has landed a part in a new comedy called The Extra Man. The flick stars Kevin Kline as a failed playwright who becomes an escort to older ladies. INTOUCHWEEKLY.COM

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Springsteen realizes a Dream

Bruce **Springsteen**

Album: Working On A Dream
Label: Sony
Rating: ●●●●½

BRUCE SPRINGSTEEN IS in a happy place. His buddy Obama is in office. He's got a Golden Globe for The Wrestler (it's a "bonus track" on this album). He's got Patti. And his last album proved he can still rock the new milenium. You figure The Boss can do just about whatever he wants, now. And you'd be correct about that. He can write happy endings to outlaw songs, find love in "aisle two" of the local supermarket, score his music with layers of strings, write dime-store lyrics like "honey, you're my lucky day." This is a remarkably beautiful rock album, perhaps finally capturing the sound that should have been the backdrop for Born To Run. And it still features our old friends from E-Street, keyboards and sax so fat you could hide an army in them, guitars that slice through the night. Some critics, yearning for the poetry of Badlands and Thunder Road, may call it shallow. But who really cares? The Boss can do what he wants. We're lucky to have him.

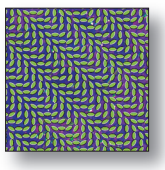
Graham Rockingham/for Metro Canada

Music**Reviews**

music@metronews.ca

Animal **Collective**

Album: Merriweather Post Pavilion **Label:** Domino
Rating: ●●●½



PARENTS, IF YOU find this in your children's collection, check the sock drawer. You'll be able to identify Animal Collective by the cover art. It should turn 3-D when you're high. Don't worry, though. It's not dangerous. It's actually pleasant, trippy fun. The sort of stuff that will plaster a smile on your face and leave it there for ... hours. A world of multi-layered dreams, off-kiltered harmonies, kaliope organs and cold, dripping water.

Graham Rockingham/for Metro Canada

GETTY IMAGES

Joshua **Redman**

Album: Compass
Label: Nonesuch/Warner
Rating: ●●●½

SOME JAZZ ARTISTS can over-load on instrumentation and arrangements, and then adopt an ostentatious attitude when outsiders can't wholly understand their art. Redman prefers to welcome listeners to a clutter-free environment — he on sax with a bass or two and one or two drummers — as a way to showcase his skilled Sonny Rollins-esque originality. Ear-pleasing jazz never sounded so arty yet so accessible.

Ian Nathanson/for Metro Canada

Antony And **The Johnsons**

Album: The Crying Light
Label: Secretly Canadian/Sonic Unyon
Rating: ●●●●

NO ONE CAN argue that Antony Hegarty is one of, if not the, most electic artist around. His soaring operatic vocals and orchestral instrumentation are not for the casual listener, but play this a few times and it's easy to see why everyone wants a piece of 2005's Mercury Prize winner. Deeply personal lyrics about pressing world and human issues and flawless string work combined with Hegarty's haunting melodies makes this a must have.

Bryan Borzykowski/for Metro Canada

Bon **Iver**

Album: Blood Bank
Label: JagJaguwar/Sonic Unyon
Rating: ●●●½

ONE OF THE best musical moments of 2008 was Bon Iver's brilliant debut disc. On For Emma, Forever Ago, The Wisconsin act, which is just singer-songwriter Justin Vernon, perfected the infectious, lo-fi acoustic sound, so it's no surprise that his four-song EP is another fantastic listen. Opener Blood Bank, with its soft pounding bass drum and rich harmonies improves on his formula; Woods, however, is a miss thanks to Vernon's Kanye-like auto-tuned vocals. Still, this will leave you desperate for a new full-length.

Bryan Borzykowski/for Metro Canada

OT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 1/22/09	265	353	2	TVO	Eco Engineering (N)		The Agenda With Steve Paikin		After the Deluge (N)		Masterworks (N)		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	Bones		The Office (N)	The Office	The Unit "The Conduit"		News (N)
	-	-	5	SRC	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)		M pour musique (HDTV) (SC)		Le Téléjournal et Les Nou		La Zone
	209	342	6	CHRO	Instant Star	TMZ (N)	Don't Forget the Lyrics!		Eleventh Hour "Miracle"		(10:02) Private Practice (N)		News (N)
	196	311	7	CTV	Hollywood	etalk	CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		(10:01) ER (HDTV) (N)		News (N)
	208	303	8	CBC	Coronation St.	Jeopardy! (N)	The Nature of Things		Doc Zone (HDTV) (N)		CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Name Is Earl	Kath & Kim (N)	The Office (N)	30 Rock	(10:01) ER (HDTV) (N)		News (N)
	117	713	10	TVA	Le Petit Monde		Ce nétait quun rêve		Morency Live (N)		TVA 22 heures	(10:45) Denis Lévesque	
	-	-	11	QS	Grande fille	Un monde bête	*Le Berceau du mensonge* (2006, Suspense) (SC)				Cent dix pour cent (SC)		Msr Showbiz
	137	763	12	TFO	Panorama		Pointe-aux-chimères		*Hôtel du Nord* ★★ (1938, Drama) Annabella, Louis Jouvet.				Volt
	-	362	13	CBS	Dr. Phil (HDTV) (N)		NCIS "Agent Afloat"		CSI: Crime Scene Invstgtn.		(10:01) Eleventh Hour		Two/Half Men
	216	395	14	OMN2	Cold Case		News (N)		News (N)		Two/Half Men	King	Cold Case
	214	344	15	CITY	Law & Order: SVU		Ugly Betty (N)		30 Rock	30 Rock	Murdoch Mysteries		News (N)
	115	343	16	CFMT	Two/Half Men	The Simpsons	News (N)		Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
	218	345	18	E!	The Insider (N)	E! News	Name Is Earl	Kath & Kim (N)	*Criminal Intent* (2005, Suspense) Linda Purl.				News (N)
	-	361	20	ABC	News (N)	Entertainment	Ugly Betty (N)		Grey's Anatomy (N)		(10:02) Private Practice (N)		News (N)
	512	396	24	CPAC	(6) Dossier public		L'Heure politique		Les lieux de travail à la Maison Blanche			Tête-à-tête	Dossier public
	651	355	25	CTS	Happy Days	Laverne	Michael Coren Show		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	Bones "Double Trouble in the Panhandle; Fire in the Ice"				News (N)		News
	-	-	64	PBS	Business Rpt.	Energy	Yes, Minister	Time Goes By	Monarch of the Glen		Mystery! "Poirot" (DVS)		Tavis Smiley
	205	312	104	CTV	Hollywood	etalk	CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		(10:01) ER (HDTV) (N)		News (N)
news	502	390	26	NW	CBC News	Newman	The Hour		CBC News: The National		The Nature of Things		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	Heads-Up Poker Champ.		Billiards World Cup of Pool.		Best Damn Sports Show		Sportsnet Connected		Hockey Central
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	400	280	30	TSN	Tennis Australian Open -- Early Round -- Day 5. From Melbourne, Australia. (Live)								
	410	403	52	SCR	World Poker Crown		NBA Basketball Boston Celtics at Orlando Magic. (Live)					NBA Basketball	
	411	457	56	OLN	Bounty Hunter	Bounty Hunter	Survivorman		Mantracker		Bounty Hunter	Bounty Hunter	Survivorman
	417	406	59	SC	Trackside	NASCAR Pre.	Pinks -- All Out		Pinks -- All Out		Wrecked	Wrecked	Trackside
family	554	544	48	TEL	Totally Spies	Total Drama	6teen	6teen	Misadventures	Futurama	The Critic	Robot Chicken	Undergrads
	557	540	51	FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	Scorpion	Prank Patrol	Malcolm-Mid.	Futurama	Adrenaline Proj	Prank Patrol	Falcon Beach		Mystery Hnt.
cable variety	570	580	29	MM	mmmtop	Back In	Foo Fighters: Live From Hyde Park (N)			Revival	Tommy Lee	Where You At	Celeb Wrestle
	615	520	31	A&E	The First 48		The First 48 (HDTV)		The First 48 (HDTV) (N)		The Beast (HDTV) (N)		The Beast
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		TNA iMPACT! (HDTV) (N)				CSI: Crime Scn
	521	560	34	TLC	LA Ink "66 Nikkis"		Overhaulin' "Brushtang"		Saw for Hire	Saw for Hire	LA Ink (HDTV) (N)		Saw for Hire
	145	761	35	TV5	Fourchette et sac à dos		Club social		Envoyé spécial			Cité guide	Journal TV5
	616	521	39	SHO	The Outer Limits		Love-Death	Love-Death	Trailer Park	Trailer Park	*The Island* ★★ (2005, Action)		
	620	523	40	BVO	Camera	Snapshot	Bathroom Divas-Opera Star		*Century Hotel* ★★ (2001, Drama) Lindy Booth.				Law & Order
	520	505	42	DIS	Daily Planet (N)		Squid Invasion		Crocodile Feeding Frenzy		MythBusters		Daily Planet
	575	583	43	CMT	CMT Star: Pets	CMT Star	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Cheerleaders
	601	562	45	SLC	Til Debt-Part	Rich Poor	Bulging Brides	Bulging Brides	Last 10	Last 10	The Biggest Loser		ET Canada
	625	548	46	COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	VIP	Gong Show	Daily Show
	294	529	47	TBS	House-Payne	House-Payne	Friends	Friends	Friends	Friends	*The Pallbearer* ★★ (1996, Comedy)		
	600	564	49	H&G	House Hunters	Property Virgin	Holmes on Homes		The Fix	Disaster DIY	Home to Flip	Real Renos	Holmes-Homes
	627	528	50	SPC	*The Adventures of Pluto Nash* ★ (2002, Comedy)				Rabbit Fall	Rabbit Fall	Ghost Hunters International		Stargate SG-1
	581	566	53	MTV	Mom & Dad	After	MTV News	Cribs	The Real World		True Life		MTV Live
	618	524	54	TROP	Make or Break	Naked Fashion	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy	Married... With	Seinfeld
	522	506	55	HIS	NCIS "Driven" (HDTV)		Lost Worlds		Deep Wreck Mysteries		NCIS "Driven" (HDTV)		Ancestors
	129	773	60	CD	Biographies (HDTV)		Les Procureurs (HDTV)		Alliance meurtrière		Histoires de crimes		Catastrophe
	261	394	61	V	Murder, She Wrote		Wait for God	'Allo, 'Allo!	*Oh God! You Devil* ★★ (1984, Comedy) George Burns.				Poltergeist
	602	567	62	W	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design	House	Maxed Out
	269	350	70	APTN	Suaangan	Wapos Bay	By the Rapids	renegadepress	*The Green Mile* ★★★ (1999, Drama) Tom Hanks, David Morse.				
	621	527	71	TLK	The Ellen DeGeneres Show (N)		TMZ (N)	etalk	Losing It in Hollywood		The Tonight Show-Jay Leno		TMZ
	603	561	95	FN	Chef at Home	Chef at Home	Restaurant Makeover		Unwrapped	Secret Life of	Family	Glutton-Punish.	Ace of Cakes

critics'corner

The Nature of Things

What's the best way to learn sustainable living skills? Watch people who have them. That's what David Suzuki and his youngest daughter, Sarika, do in "The Suzuki Diaries." They travel through Europe learning firsthand how to build sustainability into daily life, from food and crafts to travel and energy production. 8 PM on 8 CBC

Ugly Betty

A family crisis has Betty (America Ferrera) all tied up in knots, at odds with her sister (Ana Ortiz) and unable to focus on her job. Daniel and Molly (Eric Mabius, Sarah Lafleur) struggle to keep their relationship under wraps, while Wilhelmina and Connor (Vanessa Williams, Grant Bowler) try to do likewise. Ashley Jensen and Michael Urie also star in the new episode "Sisters on the Verge of a Nervous Breakdown." 8 PM on 20 ABC 15 CITY

EMPLOYMENT

AMERICAN FABRICS INTERNATIONAL
is looking for:
• ACCOUNT MANAGERS
• PAYROLL ASSISTANT
• SALES REPRESENTATIVES

REQUIREMENTS
Must be computer literate, efficient and dedicated.

If you are interested and need more information please send e-mail to:
american.fabrics.int@gmail.com

Obama musical in spring
The brand new, 44th President of the United States has inspired a brand new musical. March will bring Obama On My Mind to London — to Islington's Hen and Chickens Theatre, to be exact, reports Playbill.com. **PEOPLE.COM**

Arrested Development film unlikely

IntelleVision

HOPE SPRINGS ETERNAL: "We've been covering rumours of an Arrested Development movie for nearly a year now," writes Brian Jacks on MTV's Movies Blog, before going on to dish up the latest news — or non-news, as it may be — about the unmade film that no one seriously expects to see.

Movie versions of cancelled TV series are basically the production house version of "I'll call you" — an insincere promise made during a moment of weakness, meant to paper over the awkwardness of telling people that one day, hopefully sooner than they think, it'll be time to move on.

Movie versions of everything from The Sopranos, Rome and Deadwood to The Riches and Jericho have been talked about, sometimes with a straight face — HBO has a seasoned Lothario's propensity for the empty gesture — but they've only rarely materialized; Joss Whedon's Serenity, based on his short-lived Firefly series, and the epic Sex And The City film are the most recent examples, and I don't think anyone will seriously suggest that the reputation of the originals was in any way enhanced by their movie reprises.

Talk of an Arrested Development film has been going on since before the last episode aired almost two years ago. Several of the key cast members have made enthusiastic noises about doing a film, but the notable holdout has been rumoured to be Michael Cera, whose career has taken off since the show left the air.

Interviewed at Sundance, Cera denied that he was the holdout to MTV, but did say that he has yet to see a script and that the movie may be "more hypothetical than people think." By now, fans of the show should probably start admitting that the moment is past, and that by the time this chimera could actually materialize in the theatres, it'll be the equivalent of a Freaks And Geeks movie. (Which, come to think of it, is what nearly every Judd Apatow film so far has been.)

I KNOW I PROMISED, BUT: Now that creator Matt Weiner has been resigned to the show for two more episodes, I think it's time I broke my vow not to talk about Mad Men until the third season begins — sometime in July, according to the New York Post. And that would be all I've got, right now. Yup, that's it. Nothing more. You can stop reading now.

Rick McGinnis writes about music, movies, books and television, but not opera.

A scene from the Fox series Arrested Development.

Guru leads Razzie pack

NOMINEES The Love Guru, a comedy that Mike Myers spent years developing only to see it flop at the box office last summer, led the contenders for the annual Razzie Awards, a tongue-in-cheek commemoration of the year's worst movies, organizers said yesterday.

The film, in which the Canadian comic plays a spiritual healer, picked up seven nominations, including worst picture, director and screenplay.

Myers will compete for worst actor alongside some of Hollywood's biggest stars — last year's winner, Eddie Murphy, (Meet Dave), Al Pacino (88 Minutes and Righteous Kill), Mark Wahlberg (The Happening and Max Payne) as well as comedian Larry the Cable Guy (Witless Protection).

Mike Myers

The worst actress category comprises Myers' co-star Jessica Alba, who was also honored for The Eye, Cameron Diaz (What Happens in Vegas), Paris Hilton (The Hottie & the Nottie), Kate Hudson (Fool's Gold) and My Best Friend's Girl), and the cast of The Women, including Annette Bening, Eva Mendes, Debra Messing, Jada Pinkett-Smith and Meg Ryan. **REUTERS**

Entertainment in brief

DEAL Michelle Obama's hairstylist has landed a development deal to star in a reality show. Former Chicagoan Johnny Wright has signed a deal with 44 Blue, which produces such reality shows as Style Network's Split Ends and A&E's L.A. Gang Unit. **REUTERS**

Someone call him a cab

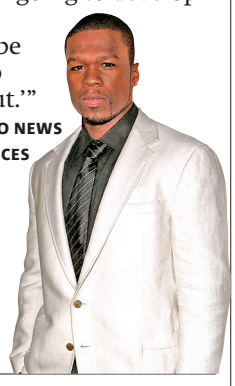
Shia LaBeouf has had his driver's license suspended for a year, femalefirst.co.uk reports. The Eagle Eye star has been banned from driving after failing to take a breathalyzer test following his car crash in Hollywood, Los Angeles, last July. METRO NEWS SERVICES

Celebrity Buzz

Fiddy has a 'girly' workout routine

IMAGE 50 Cent says he works out like a woman, femalefirst.co.uk reports. The muscular rapper says his toned physique is the result of "girly" weight-free routines rather than pumping iron.

He said: "It's intense, and there are no weights involved. And some of it's like girly stuff, like just kicking your leg, but it's muscles you don't really ever work at. Men don't usually go to the gym and say, 'I'm going to develop my ass. This'll be the J.Lo workout.'"



METRO NEWS SERVICES

Renee's dating a TV correspondent

DATING Renee Zellweger is dating a journalist, female first.co.uk reports. The actress was spotted enjoying an intimate meal with MSNBC legal correspondent Dan Abrams at the American Hotel in Sag Harbor, New York, on Saturday. The couple canoodled throughout the evening, appearing completely at ease in each other's company. Zellweger is not the first actress with whom Abrams, 42, has been romantically linked.

METRO NEWS SERVICES

Eva's gotta have spice

FAVES Eva Mendes can't live without spice, according to femalefirst.co.uk. The Spirit actress enjoys a temperature-raising taste sensation and would take crushed red pepper and her boyfriend with her if she was ever stranded on a desert island, the website adds.

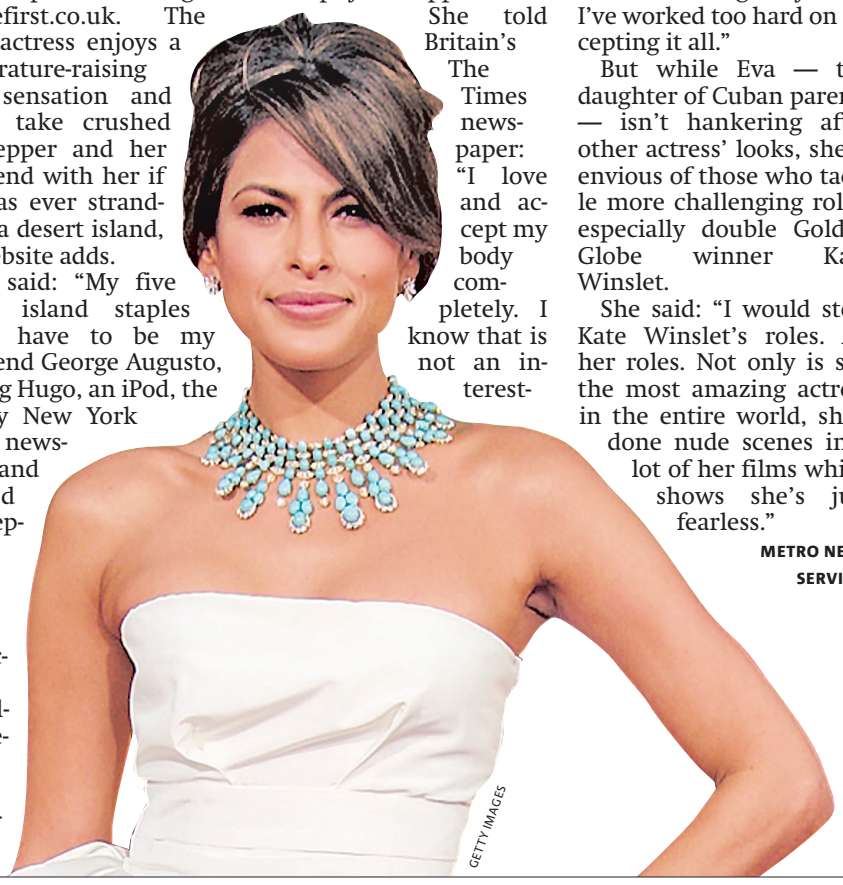
She said: "My five desert island staples would have to be my boyfriend George Augusto, our dog Hugo, an iPod, the Sunday New York Times newspaper and crushed red pepper."

The 43-year-old actress has also revealed she wouldn't change a thing about her physical appearance. She told Britain's The Times newspaper: "I love and accept my body completely. I know that is not an interesting answer, but I really wouldn't change anything. I've worked too hard on accepting it all."

But while Eva — the daughter of Cuban parents — isn't hankering after other actress' looks, she is envious of those who tackle more challenging roles, especially double Golden Globe winner Kate Winslet.

She said: "I would steal Kate Winslet's roles. All her roles. Not only is she the most amazing actress in the entire world, she's done nude scenes in a lot of her films which shows she's just fearless."

METRO NEWS SERVICES



GETTY IMAGES

Joaquin 'storms' out of soundcheck

ANGER MANAGEMENT Joaquin Phoenix reportedly "stormed out" before a Las Vegas concert after losing his cool with a film crew, femalefirst.co.uk reports.

The actor-turned-singer is believed to have been furious when Casey Affleck's camera crew — who are documenting Joaquin's transition into music — were late for his sound check at LAVO nightclub last week, the website adds.

A source said: "He was waiting for Casey Affleck and when the film crew arrived late, Joaquin flipped out. Phoenix yelled at the crew, 'Thanks for being late and f—ing everything up.' He then threw a CD on the floor and stormed out."

Phoenix soon regained his composure and returned to the stage to rehearse his set, leaving onlookers unsure if he was genuinely annoyed.

The source added to the New York Post newspaper: "He came back five minutes later and did the sound check. Nobody can tell if he is for real or if this is all a big joke."

Later that night, the 34-year-old star surprised onlookers by performing three hip-hop numbers.

During his set, a dishevelled Joaquin — who was sporting an unkempt beard and long hair — danced unsteadily and fell into the crowd as he exited the stage, adds the website.

METRO NEWS SERVICES

Law's recovered from gym mishap

INJURY British actor Jude Law was spotted around New York City recently wearing a neck brace. But it turns out it wasn't for anything serious. The actor "tweaked his neck working out and only had a brace on for a few days," his rep told the New York Post. "He is fine now."

METRO NEWS SERVICES

Marc Anthony brings J. Lo onstage for a duet

COUPLEDOM That Marc Anthony sure knows how to end his set, people.com reports. The crooner completed his recent inaugural performance by bringing "my wife," Jennifer Lopez, on to the stage with him, for a duet.

This thrilled the crowd at the Inauguration's Western Ball, held in the largest ballroom of the Walter E. Washington Convention Center, where the guests also included Angela Bassett and Harold & Kumar and House star Kal Penn, reports The Washington Post. The 10:25 p.m. appearance of Lopez also further put to rest rumours of a marital rift between the couple.

Earlier in the evening, Anthony had said, "I wrote this next song about Jennifer. I must have been psychic." The song was his decade-old You Sang to Me. "She didn't get the point, but eventually it worked," said Anthony, the Associated Press reports.

The couple ended their duet with a kiss. "Man, she's cute," Anthony said after Lopez exited the stage.

METRO NEWS SERVICES

Joint bank account for Sam and Lindsay?

ROMANCE Lindsay Lohan and Samantha Ronson have taken their relationship to the next level — by reportedly setting up a joint bank account, reports eonline.com

The Mean Girls star has been dating the DJ since last year but the couple has been plagued by rumours they are on the brink of a split for several months.

But now Lohan has shown her commitment to the relationship by allegedly ploughing some of her wages into an account for the pair.

A source tells Britain's Daily Express, "Lindsay was reportedly earning $168,000 US per episode for her stint on Ugly Betty last year and she's stashed that into a joint bank account to show Sam how much she loves her."

Ronson, who is said to earn as much as $23,460 US for a disc-spinning performance, has always been fiercely keen to keep her financial independence — and constantly splashes the cash on her actress girlfriend.

METRO NEWS SERVICES

Jonas Bros. are in the house

PARTY CRASHERS President Barack Obama and his wife Michelle weren't the only ones who got entertained by A-listers on inauguration night. Their daughters Malia, 10, and Sasha, seven, received a surprise visit from the Jonas Brothers, says usmagazine.com. ABC News reports that the Obama girls kicked off inauguration night by watching High School Musical 3 and Bolt with some of their pals from their new school Sidwell Friends.

They then had a scavenger hunt around their new home to learn its history. At the end of their hunt, according to ABC News, Malia and Sasha opened a door to find Kevin, Joe, and Nick Jonas (who had performed their hit Burning Up for the girls Monday night at the Kids' Inaugural Concert).

METRO NEWS SERVICES

Aniston gives good relationship advice

ADVICE Jennifer Aniston thinks her relationship advice is so good, she could have made a career out of it. "I feel I have an ability to understand relationships and see things clearly," the He's Just Not That Into You star told Britain's More magazine.

"I like to think that I give good advice. I think I'd have made a good therapist if I hadn't become an actress." As for all the media attention her own relationships garner, Aniston said, "I'd rather not have my personal relationships receive so much attention, but that's not going to stop me from falling in love."

METRO NEWS SERVICES

Amy rescues fellow guest off the rocks

GOOD DEED Singer Amy Winehouse helped rescue a fellow guest at the St. Lucia resort where she's been staying. Louise Williams said Winehouse saved her after she was thrown from a boat onto rocks during a sailing lesson.

"Amy was on the beach 20 metres away and she ran across immediately and said, 'Let's have a look at you,'" Williams told Britain's the Sun. "She picked me up and took me across to the showers and was constantly asking, 'Are you all right?'" Winehouse later said: "I thought she was going to die."

METRO NEWS SERVICES

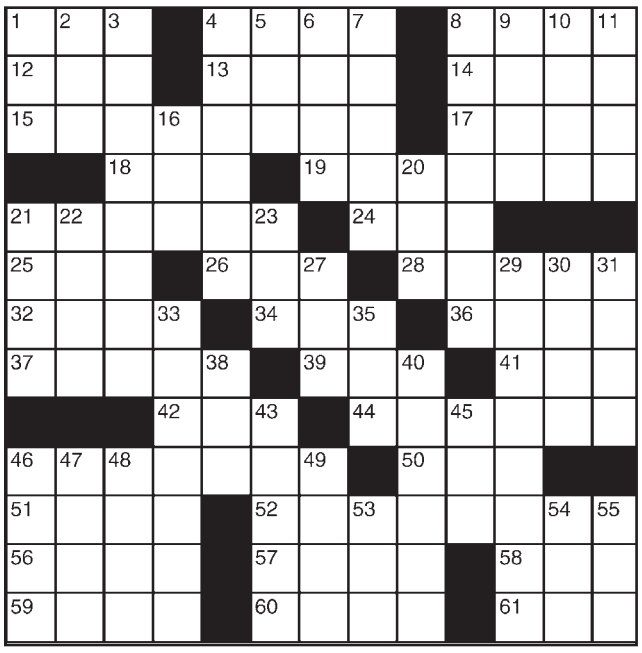
The Weather Network 20 YEARS
TWN incorporates MSC data

Today Flurries -4° / -17°
Friday Flurries 40% -12° / -20°
Saturday Mainly sunny -11° / -24°

JUST SAY NO TO TYPING!
WeatherEye: Delivering real-time weather for up to 3 different cities right to your desktop...
Go to theweathernetwork.com/desktop to download your free WeatherEye.
Anytime, Anywhere, Anyhow

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



Crossword across

1 Ming of the NBA
4 Census statistics
8 Envelope part
12 Ostrich's cousin
13 Pleasing
14 Queue
15 Don't move
17 Prayer ending
18 Piratic potation
19 Wilder drama
21— council ("Survivor" event)
24 Snapshot
25 Computer woe
26 Torched
28 Extemporizes
32 Wan
34 Luau side dish
36 Urban disturbance
37 Fix a knot
39 Antiquated
41 "CSI" evidence
42 Water barrier
44 Carell's "The 40 Year Old Virgin" co-star
46 Summertime cooler
50 Clay alias
51 Wise guys?
52 Ill-defined time
56 Andy's pal
57 Exceptional
58 — polloi
59 Netting
60 — and terminer
61 Cowpoke's nickname

Crossword down

1 "Absolutely"
2 Parisian pal
3 Unreservedly
4 Critter
5 Showbiz job
6 Reverberate
7 Arrangement
8 Freight train component
9 Wheels of fortune?
10 From square one
11 Teller's cohort
16 Bathroom fixture
20 "6 Rms — Vu"
21 Ski-lift transport
22 Stratagem
23 Back talk
27 As well
29 Cinderella's curfew
30 Corn recipe
31 Constellation part
33 Leo Rosten's tongue
35 Sort
38 Cause corrosion
40 Casino employee
43 Subway
45 Inventor Whitney
46 Mosque VIP
47 Arrived
48 Ids' counterparts
49 Vacationing
53 Rage
54 Break ground?
55 Ducats

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		3				6	2	
8	9						7	
			7		9	4		
		1			4	8		6
			6		5			
9		7	3			5		
		6	2		3			
	3						8	1
	2	5				3		

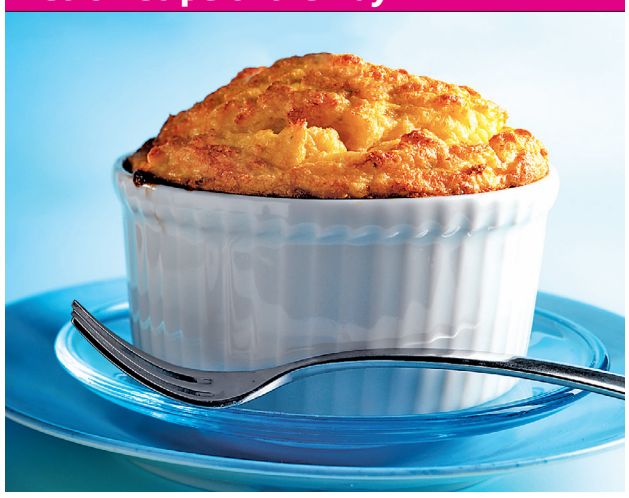
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

M	O	B	■	P	E	A	S	■	D	A	D	A
A	P	E	■	E	T	N	A	■	A	V	E	R
G	U	T	■	R	A	I	N	C	H	E	C	K
I	S	A	A	C	■	■	■	G	A	L	■	■
■	■	■	L	E	M	A	■	W	I	T	C	H
F	O	R	T	P	E	C	K	■	A	U	R	A
I	D	O	■	T	R	E	N	T	■	B	O	W
L	I	S	T	■	C	R	E	W	N	E	C	K
S	N	A	I	L	■	B	E	I	N	■	■	■
■	■	■	P	O	P	■	■	N	E	E	D	Y
S	H	I	P	W	R	E	C	K	■	W	E	E
A	O	N	E	■	O	R	A	L	■	E	L	L
M	E	N	D	■	W	A	N	E	■	R	I	P

8	7	2	1	5	6	4	9	3
6	9	3	4	7	2	1	8	5
4	5	1	8	3	9	7	6	2
5	2	8	6	4	1	3	7	9
7	1	4	9	2	3	8	5	6
3	6	9	5	8	7	2	1	4
2	8	7	3	9	5	6	4	1
9	4	6	2	1	8	5	3	7
1	3	5	7	6	4	9	2	8

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day



Fish Soufflés

INGREDIENTS:
5 oz (150 g) waxy potatoes, scrubbed
salt and freshly ground black pepper
2/3 lb (300 g) skinless ling or hake fillets
3 tbsp (45 mL) butter, softened
2 French shallots, finely chopped
1/4 cup (50 mL) cream
3 eggs, separated
1 tsp (5 mL) wholegrain mustard

METHOD:
1. Put potatoes and pinch of salt in saucepan with plenty of cold water. Cover, bring to boil, and cook for 25 minutes until tender.
2. Meanwhile, put fish and pinch of salt in large frying pan with enough cold water to cover. Bring to boil, then reduce heat immediately. Cover and simmer 3 minutes. Leave fish to cool in liquid, then drain and coarsely crush flesh with fork; removing bones.
3. Heat 2 tsp (10 mL) butter in small saucepan, add shallots and cook gently over low heat 5 minutes. Add cream and remove from heat.
4. Preheat oven to 400°F (200°C). Use 2 tsp (10 mL) butter to grease four 1 1/4 cup (300 mL) ramekins. Drain and peel potatoes and crush with fork. Add remaining butter, shallot-cream mixture and some pepper. Beat in egg yolks and mustard. Fold in fish.
5. Add pinch of salt to egg whites, whisk until stiff then fold into potato-fish mixture. Pour into soufflé dishes and smooth surface with a spatula. Bake 15 minutes until puffed and golden. Serve immediately.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
You won't move fast enough to pull off a quick exit. A youthful woman will give you what you need. A friendship is undergoing drastic changes.

TAURUS
APRIL 21-MAY 21
Compassion convinces someone to help you out. A miser is tempted to sway the opposition. You can calm someone down.

GEMINI
MAY 22-JUNE 21
Your prospects will improve when you become fearless. An egomaniac will be in the right place. You don't have to settle for second best.

CANCER
JUNE 22-JULY 22
You'll find a safe place to hide your money. Someone's pity party will push you too far. Heed a loser's opinions for inspiration.

LEO
JULY 23-AUG 23
Painless adjustments are going to be made. Watch out for those who don't seem normal. This is the time to use self-control.

VIRGO
AUG 24-SEPT 22
A dreamlike situation will force you to wake up. Only women will understand a tough lesson. Be brave when facing disillusion.

LIBRA
SEPT 23-OCT 23
A happy person's phone call gives comfort. A clash turns someone into a blubbering fool. A vexing person agrees with you on a touchy subject.

SCORPIO
OCT 24-NOV 22
A beneficial trip will have happy consequences. A man arrives bearing glad tidings. An appealing object has uncertain value.

SAGITTARIUS
NOV 23-DEC 21
Being tactful will help in a tense situation. Get ready to jump for joy after a leap of faith. A man's laughter creates intimacy after dark.

CAPRICORN
DEC 22-JAN 20
You'll brighten someone's day. Lack of business causes an offer to be withdrawn. You can find a better situation soon.

AQUARIUS
JAN 21-FEB 18
Standing by your promises reassures others. Too much passion will be good enough. You'll need to be very diplomatic.

PISCES
FEB 19-MARCH 20
An arrogant person is incapable of going it alone. You'll get out of a predicament. A friend will ask for help at a crucial moment.

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Guided Foxx of "Sanford and Son" (1)
2. Possesses fossils (1)
3. Yucky medicinal amount (1)
4. Co-op admissions panel laughed hard (1
5. Compares and rates muddy deposits (2)
6. Naval address for Muppets' creator Jim (2)
7. Siesta taker's paging devices (2)

ANSWERS
1. LED RED 2. OWNS BONES 3. GROSS DOSE 4. BOARD ROARED
5. JUDGES SLUDGES 6. ENSIGN HENSON 7. SLEEPERS BEEPERS

1-22-09

This day in history

JAN. 22, 1889: Columbia Phonograph was formed in Washington, D.C.
JAN. 22, 1901: Edward VII becomes King after his mother, Queen Victoria of the United Kingdom, dies.
JAN. 22, 1905: Bloody Sunday in St. Petersburg, beginning of the 1905 revolution.
JAN. 22, 1924: Ramsay MacDonald becomes the first Labour Prime Minister.
JAN. 22, 1973: The Supreme Court of the United States delivers its decision in Roe v. Wade, allowing abortion.

METRO NEWS SERVICES

FLIGHT CENTRE Unbeatable
CAYO COCO
VALENTINE'S DAY
FROM $899
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom over Valentine's Day.
1 866 967 5402 | flightcentre.ca
Conditions apply. Ex: Halifax. Package price is person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Transportation related fees, taxes and HST are excluded.

GIGANTIC CLEARANCE SALE!

Final Weekend!

PRICES SLASHED ON HUNDREDS OF ITEMS!

uniden

DUAL HANDSET 5.8 GHz PHONE SYSTEM with DIGITAL ANSWERER

- CUTTING EDGE 5.8 GHz TECHNOLOGY OFFERS MAXIMUM CLARITY
- CALL WAITING & CALLER
- REFURBISHED

$19.99

22857

MAGNAVOX

PROGRESSIVE SCAN DVD RECORDER

- DVD+R/RW RECORDING
- FRONT A/V INPUTS
- REFURBISHED

$39.99

57291

HandySwitch

WIRELESS LIGHT SWITCH

- NO TOOLS, NO WIRING REQUIRED TO CONTROL ANY LAMP REMOTELY FROM ANYWHERE
- WORKS UP TO 60 FEET AWAY

$9.99

25191

EXECUTIVE OFFICE CHAIR

- PADDED & CONTOURED SEAT FOR MAXIMUM COMFORT
- DURABLE FAUX LEATHER
- PNEUMATIC HEIGHT ADJUST
- HEAVY DUTY DUAL WHEEL CASTORS
- SWIVEL & TILT

$99.99

22228

BLENDERPRO

6 SPEED BLENDER

- BLENDS, STIRS, GRINDS, CHOPS & PUREES
- 400 WATT MOTOR
- PUSH BUTTON CONTROLS WITH PULSE
- 48 OZ. SHATTER RESISTANT PLASTIC JAR
- STAINLESS STEEL ICE CRUSHING BLADE

$9.99

21117

5-PIECE HAMMER TONE DINETTE SET

- 42" DIAMETER GLASS TABLE
- SCROLL DESIGN METAL TABLE & CHAIR FRAMES
- UPHOLSTERED SEATS

$99.99

56466

49 INCH LIGHTWEIGHT TRIPOD

- QUICK-RELEASE CAMERA MOUNT
- 4 SECTION
- HEIGHT ADJUST FROM 15"-49"

$9.99

57795

TREKSTOR

1 GB MP3 PLAYER

- STORE UP TO 500 SONGS,
- RECORD MESSAGES
- STEREO EARPHONES IN NECK STRAP

$9.99

25122

Memory Foam

MEMO-FOAM PILLOW

- HIGH DENSITY FOAM RELIEVES PRESSURE

$9.99

57585

MASSAGING HAND HELD SHOWER HEAD

- 3 SPRAY & MASSAGE SETTINGS
- EASY-TO-INSTALL
- 5 FT. HOSE

$4.99

22205

TREKSTOR

MP3 PLAYER with VIDEO

- STORE UP TO 1000 SONGS (2 GB)
- VIEW PHOTOS OR WATCH VIDEO
- FM TUNER LETS YOU RECORD SONGS FROM THE RADIO
- RECORD VOICE MESSAGES
- RECHARGEABLE LITHIUM BATTERY
- STEREO EARPHONES IN NECK STRAP

1 GB $18.88

25126

2 GB $24.88

25124

29" SHINTO STOOL

- SOLID WOOD
- SHINTO-STYLE TAPERED LEGS CURVED SEAT

Compare at $60

$29.77

24113

POWERXT

12 VOLT CORDLESS DRILL

- 3/8" KEYLESS CHUCK
- 15+1 CLUTCH POSITIONS
- VARIABLE SPEED
- INCLUDES 1 BATTERY

$9.99

24132

REMINGTON

Compare at $50

MICROFLEX ROTARY SHAVER

- THREE FLOATING HEADS

$19.77

22409

Health o meter

BODY FAT MONITORING SCALE

- DISPLAYS WEIGHT, CALCULATES BODY FAT PERCENTAGE & HYDRATION LEVEL
- LARGE EASY TO READ DISPLAY

$19.99

23977

XS cargo

NOTHING BUT BARGAINS

View Store Stock **CHECK STORE STOCK** at any XS CARGO store location when browsing items on our website and create your own shopping list also!

BROWSE MORE BARGAINS at www.xscargo.com

2 YEAR PRODUCT REPLACEMENT PLAN

PLUG into the PLAN

Affordable Protection from only **$4.99** on hundreds of products!

1560 MERIVALE ROAD

613-288-0365